General Education Requirements

Foundation Studies (12)
- COMS 100

Required Grade of “C” or better
- ENGL 103
- ENGL 203A, 203B, 203C, or 203D
  or ENGL 204 [if placed into ENGL 204]
- MATH 101, 155, 206, 210, 211, or 229
  or MATH 110+STAT 208

Knowledge Domain Studies (21)
There is a required minimum of 21 credit hours in the three General Education Knowledge Domains that cannot include more than two courses in any one department. A minimum of 6 credit hours in each domain area and one additional 3 credit hour course from any knowledge domain area.

Creativity & Critical Analysis (6)
See catalog for entire list of Creativity & Critical Analysis Courses.
- ANTH 102, 210
- ARTH 282, 292, 294, 340, 350
- COMS 220, 230, 356
- ENGL 110, 115, 116, 310, 315, 350
- EPFE 321, 400, 410
- FLCL 271, FLFR 371, FLIT 272, FLRU 261
- HIST 110, 111, 112, 140, 141, 171, 260, 261
- IDSP 225, ILAS 100
- MUHL 220
- PHIL 101, 105, 231
- POLS 150, 251
- TH-D 222, THEA 203
- WGST 202

Nature & Technology (6)
- BIOS 103 (3) [Major requirement]
- CHEM 110 (3) [Major requirement]
- BIOS 105 (1) [Major requirement]
- CHEM 111 (1) [Recommended]

Society & Culture (6)
- PHHE 206 (3) [Major requirement]
- PSYC 102 (3) [Major requirement]

Knowledge Domain Elective (3)
Complete 3 credit hours from one of the areas above.
See catalog for entire list of Knowledge Domain Studies Courses.

Athletic Training Requirements (82-83)
Athletic Training majors are required to earn a “C” or better
In all required Athletic Training KNPE courses

Basic Skills (23)
- KNPE 322 CPAT* - Upper Extremity (2)
- KNPE 323 CPAT* - Lower Extremity (2)
- KNPE 331 Clinical Experience in Athletic Training (3)
  [PRQ: KNPE 265 and KNPE 266]
- KNPE 332 Clinical Experience in Athletic Training (3)
- KNPE 350 Prin and Tech of Resist Training (3)
- KNPE 432 CPAT** - Therapeutic Modalities and Exer (2)
  [PRQ: KNPE 491 and PRQ: KNPE 323]
- KNPE 434 Clinical Experience in Athletic Training (3)
  [PRQ: KNPE 332]
- KNPE 435 Clinical Experience in Athletic Training (3)
  [PRQ: KNPE 434]

*CPAT – Clinical Proficiencies in Athletic Training

Scientific Basis (12-13)
- BIOS 311 Functional Human Anatomy (4)
  or BIOS 357 Human Anatomy & Physiology (5)
- KNPE 314 Applied Kinesiology (4)
  [PRQ: BIOS 311 or BIOS 357 and MATH core “C” or better]
- KNPE 452 Exercise Physiology (4)
  [PRQ: BIOS 311 or BIOS 357 and MATH core “C” or better]

Athletic Training
Limited Admissions Requirements

1. Minimum post-secondary GPA 2.5 (average of all colleges attended)
2. Minimum grade of “C” or better in the following courses:
   - CHEM 110 or MATH core (3)
   - ENGL 103, 203A, 203B, 203C, 203D, or 204(3)
   - PSYC 102 (3)

   Above courses must be completed prior to spring semester.
3. Observation Hours: Minimum 50 observation hours completed within 10 months of the application deadline (no more than 20 hours may be attained in a medical [hospital/clinic], industrial/occupational, military, performing arts, and professional sport settings.)
4. Two letters of recommendation (At least one must be from an ATC)
5. Health History Appraisal Form (Physical)

NIU Athletic Training Program information may be accessed through NIU’s website:
http://www.cedu.niu.edu/knpe/undergraduate/athletictraining/index.shtml

All application materials are due February 1.

The NIU athletic training program is transitioning to the master’s level as required by the Commission on Accreditation of Athletic Training Education (CAATE). The last undergraduate class will be accepted through the limited admissions process Spring 2018.
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HSCI 318</td>
<td>Medical Terminology (3)</td>
<td>_______</td>
</tr>
<tr>
<td>NUTR 306</td>
<td>Sports Nutrition (3)</td>
<td>_______</td>
</tr>
<tr>
<td>KNPE 310</td>
<td>Psyc Aspects of Sport and Exer (3)</td>
<td>_______</td>
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<tr>
<td>KNPE 445</td>
<td>Measurement and Eval in Exer Sci (3)</td>
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**Athletic Training Concentration (30)**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>KNPE 202</td>
<td>Introduction to Athletic Training (1)</td>
<td>_______</td>
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<tr>
<td>KNPE 264</td>
<td>Prin of Injury Prevention and Care (3)</td>
<td>_______</td>
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<tr>
<td>KNPE 265</td>
<td>Practicum in Athletic Training (3)</td>
<td>_______</td>
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<tr>
<td>KNPE 266</td>
<td>Emergency Medical Response (3)</td>
<td>_______</td>
</tr>
<tr>
<td>KNPE 324</td>
<td>Assessment of Lower Extremity Injury (3)</td>
<td>_______</td>
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<tr>
<td>KNPE 325</td>
<td>Assessment of Upper Extremity Injury (3)</td>
<td>_______</td>
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<tr>
<td>KNPE 326</td>
<td>Therapeutic Modalities (3)</td>
<td>_______</td>
</tr>
<tr>
<td>KNPE 474</td>
<td>Medical Issues in Athletic Training (3)</td>
<td>_______</td>
</tr>
<tr>
<td>KNPE 491</td>
<td>Therapeutic Exercise (3)</td>
<td>_______</td>
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<tr>
<td>KNPE 463</td>
<td>Exer and Phy Act Across the Lifespan (3)</td>
<td>_______</td>
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<tr>
<td>KNPE 493</td>
<td>Supervised Clinical Exp in Exer Ger (2)</td>
<td>_______</td>
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</table>

**Internship (6)**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>KNPE 494</td>
<td>Internship in Kinesiology (6)</td>
<td>_______</td>
</tr>
</tbody>
</table>

**Additional Program Information**

Northern Illinois University’s Athletic Training Program is accredited through the Commission on the Accreditation of Athletic Training Education (CAATE). Only students who complete CAATE accredited curriculum will be eligible to take the Board of Certification (BOC) examination. Athletic Training majors must successfully pass the BOC exam to be certified as an Athletic Trainer. To ensure students adhere to the current curricular standards set forth by CAATE, they are strongly encouraged to meet with the Athletic Training Academic Advisor each semester.

**Academic Resources**

**Whitney Harris**
KNPE Academic Advisor
Anderson Hall 215
815-753-8285
wharris3@niu.edu

**Dr. Kelly Potteiger**
KNPE Program Director
Anderson Hall 229
815-753-1844
kpotteiger@niu.edu

**Dr. Chad McEvoy**
KNPE Department Chair
Anderson Hall 223
815-753-1409
cmcevoy@niu.edu

**NIU Information Technology**
(Questions about blackboard, NIU Email account, reset password)
www.its.niu.edu/its/index.asp
815-753-8100

**General Tutoring**
www.niu.edu, A-Z index, T, tutoring

**Occupational Outlook Handbook**
http://www.bls.gov/ooh/healthcare/athletic/trainers-and-exercise-physiologists.htm#

**National Athletic Training Association**
www.NATA.org