

**M.S. in Kinesiology and Physical Education
Specialization in Physical Education Pedagogy (2024-2025)**

Name: _____ ZID: _____

Semester Started: _____

Specialization Overview

This 30-credit hour specialization is designed to provide relevant theoretical knowledge and experience in contemporary best practices in the discipline of physical education including methodology/ instructional strategies, supervision, program development, and the use of technology and assessment in educational settings. Individuals completing this specialization will be able to assume leadership roles in pedagogy and curriculum development in physical education and related fields. In consultation with an adviser the student selects either a thesis or non-thesis option. Students are strongly encouraged to concurrently pursue a [certificate of graduate study in adapted physical education](#).

Semester Offered	Specialization Requirements	Course Grade	Semester Completed
<u>Research Core (6 credits)</u>			
Fall (both)	KNPE 552 - Methods of Research in KNPE	_____	_____
Summer (both)	KNPE 545 - Assessment in Kinesiology and Physical Education	_____	_____
<u>Specialization Core (15 credits)</u>			
Spring (odd)	KNPE 577 - Physical Education in the Elementary School	_____	_____
Spring (even)	KNPE 578 - Seminar in Motor Development	_____	_____
Fall (even)	KNPE 620 - Seminar in Physical Education Curriculum	_____	_____
<i>Two of the following</i>			
Summer (both)	KNPE 589 - Inclusion Strategies for Special Populations	_____	_____
Fall (odd)	KNPE 590 - PE for Individuals with Physical/ Sensory Disorders	_____	_____
Spring (odd)	KNPE 591 - Assessment and Program Planning in Adapted PE	_____	_____
<u>Select one of the following (3-4 credits)</u>			
Fa/Sp/Su (both)	KNPE 557 - Applied Physiology of Exercise	_____	_____
Fall (both)	KNPE 564 - Exercise is Medicine	_____	_____
Spring (both)	KNPE 579 - Field Experience in Secondary Physical Education	_____	_____
Fall (both)	KNPE 582 - Psychology of Sport and Exercise	_____	_____
Summer (both)	KNPE 583 - Applied Sport Psychology	_____	_____
Spring (even)	KNPE 584 - Psychosocial Aspects of Athletic Injury and Rehab	_____	_____
Spring (odd)	KNPE 585 - Physical Activity, Health, & Psychological Well-Being	_____	_____
Spring (both)	KNPE 586 - Sport in Society	_____	_____
Fall (both)	KNPE 587 - Professional Preparation in SP&E Psych Professions	_____	_____
<u>Non-Thesis Option or Thesis Option (6 credits)</u>			
<i>Non-Thesis Option: Two additional approved courses</i>			
	Elective 1:	_____	_____
	Elective 2:	_____	_____

Thesis Option: Consult with [PE-pedagogy faculty](#)

Same requirements as listed above except in lieu of KNPE 545 (3) students take KNPE 645, Statistics to Research in KNPE (3), and in lieu of the elective work students take six (6) semester hours of KNPE 699A, Master's Thesis.

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Semester Offered	Sport and Exercise Psychology 12 credit hours (Must complete 4 courses)	Course Grade	√	Semester Completed
Fall (both)	KNPE 582 - Psychology of Sport and Exercise			
Summer (both)	KNPE 583 - Applied Sport Psychology			
Spring (even)	KNPE 584 - Psychosocial Aspects of Athletic Injury & Rehab			
Spring (odd)	KNPE 585 - Physical Activity, Health, & Psychological Well-Being			
Spring (both)	KNPE 586 - Sport in Society			
Fall (both)	KNPE 587 - Professional Preparation in S&EP Professions			

Copy the courses from requirements that satisfy the CGS selected by the student (stackable and non-stackable)

Certificate of Graduate Study (alternative option) https://www.niu.edu/grad/academics/certificates/index.shtml	Credit Hours

Semester Completed	Specialization Requirements	Course Grade		Semester Completed

Typical Sequence in Physical Education Pedagogy

The class sequence listed below are meant to be used as a guide. Flexibility and permutations will be allowed in consultation with and approval by the student's faculty advisor, director of graduate studies, thesis committee, and/or department chair. Consult myNIU for information on electives and summer course offerings.

Non-Thesis Option

Fall Semester - Year 1 (odd)

- KNPE 590
- KNPE 552

Spring Semester - Year 1 (even)

- KNPE 578
- Elective 1

Summer Semester - Year 1

- KNPE 545
- KNPE 589

Fall Semester - Year 2 (even)

- KNPE 620
- Elective 2

Spring Semester - Year 2 (odd)

- KNPE 577
- KNPE 591

Other Relevant Graduate Student Information

Graduate School Website

<https://www.niu.edu/grad/>

Graduate School Forms

<http://www.niu.edu/grad/resources/student-forms.shtml>

Graduate Catalog

<http://catalog.niu.edu/>

Contact Information

[Dr. Steven Howell](mailto:showell2@niu.edu) - Department Chair
showell2@niu.edu

[Dr. Peter J Chomentowski 3rd](mailto:pchomentowski@niu.edu)

Director of Grad Studies

pchomentowski@niu.edu

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General Questions - knpegrad@niu.edu

Graduation Application

All students must apply to graduate

<https://www.reg.niu.edu/registration-records/graduation/>

KNPE Graduate Student Resources

<https://www.cedu.niu.edu/knpe/resources/graduate.shtml>

KNPE Faculty Webpages

<https://www.cedu.niu.edu/knpe/about/faculty-and-instructors/index.shtml>