**CURRICULUM VITAE**

**Kimberly A. Hart, PhD, LCPC, PEL:SC, NCC, ACS**

# EDUCATION

## Formal Education

**Doctorate of Philosophy** 2013-18

Northern Illinois University, DeKalb, IL

Major: Counselor Education and Supervision (CACREP Accredited)

Research: Multicultural Inclusion; Social Justice; Experiential Pedagogy

**Masters of Science in Education** 2011-13

Northern Illinois University, DeKalb, IL

Major: Counseling (CACREP Accredited)

Specialization: Clinical Mental Health; School Counseling

**Bachelor of Arts** 2001-05

University of Illinois at Urbana-Champaign, Urbana, IL

Major: Philosophy

Minor: Glass Sculpture

# SUPERVISION EXPERIENCE

## Philosophy

I believe that supervision consists of dynamic processes whereby supervisors engage emerging counselors (supervisees) in professional growth and development experiences that will lead to therapeutic competence while safeguarding supervisee clients. Growth constitutes increased knowledge, skill application, self-awareness, and self-management that will enhance one’s professional identity as a counselor. As a clinical supervisor, I work to be inclusive of all persons and multicultural identity dynamics including race, ethnicity, gender identity or expression, age, religion or spirituality, national origin, disability, sexual orientation, or other salient identity expressions. If significant differences, such as in culture or belief system exist, I work to understand those differences and ameliorate any confusion or conflict that could arise.

## Employment

**Clinical Supervisor**

Inner Courage Counseling 2021-Current

Consult on clinical needs assessments, intake interviews, diagnosis, and treatment planning ~ Monitor counselor implementation of client intervention plans ~ Evaluate counselor intervention effectiveness and client satisfaction with services ~ Advocate for client concerns with clinical, educational, and community professionals

**Clinical Assistant Professor**

Northern Illinois University, DeKalb, IL 2019-Current

Direct Community Counseling Training Center daily operations ~ Coordinate practicum and internship field-based experiences ~ Hire, supervise, and evaluate graduate assistants assigned to admissions, CCTC, and internship support ~ Coordinate counseling programs admissions and master’s program advising ~ Facilitate clinical-based courses ~ Oversee school and clinical counseling licensure application processes ~ Coordinate annual program assessment data collection and reporting ~ Provide site supervision for clinical interns ~ Provide pro bono mental health counseling sessions

**Director of Community Counseling Training Center and Field-Based Experiences**

Northern Illinois University, DeKalb, IL 2015-2019

Direct operations and practicum experiences in the Community Counseling Training Center ~ Oversee daily CCTC operations and provide clinical supervision oversight ~ Track and maintain licensure and CARCEP accreditation documentation ~ Coordinate Pre-Admissions Workshops for Master’s and Doctoral applicants ~ Coordinate doctoral candidacy examinations ~ Hire, supervise, and evaluate graduate assistants assigned to admissions, CCTC, and internship support ~ Assess student readiness for practicum and internship ~ Establish permanent internship sites with schools and clinical agencies ~ Supervise practicum and internship seminar training ~ Implement remediation communication and processes for professional gatekeeping ~ Coordinate National Counselor Examinations ~ Coordinate annual program assessment data collection and reporting ~ Provide pro bono mental health counseling sessions

## Supervision in Counselor Education

*Counseling Internship* (CAHC 786; doctoral) Fall 2018, 2019, 2020, 2021

Northern Illinois UniversitySpring 2019, 2020, 2021

 Summer 2019, 2020

*Counseling Internship* (CAHC 586) Fall 2015, 2017, 2018

Northern Illinois UniversitySpring 2015,

Summer 2014, 2015, 2016, 2017, 2019

*Counseling Practicum* (CAHC 550) Fall 2015, 2020, 2021, 2022, 2023

Northern Illinois UniversitySpring 2016, 2018, 2019, 2021, 2022, 2023

## Professional Credentials

Approved Clinical Supervisor 2016-Current

*Center for Credentialing & Education #ACS2444*

# TEACHING EXPERIENCE

## Philosophy

As a counselor educator, my *students* are “novice colleagues” inside and outside of classrooms. I view students as entering classrooms with previous knowledge and valuable experiences that will intersect with the knowledge and experiences of all other persons entering each classroom, including myself, with a goal of facilitating new learning experiences and solidifying knowledge. I acknowledge that the catalyst for education rests in each student. As I teach, professional norms and content, students can learn to discipline themselves in-line with such principles. Students’ impulse behaviors to satisfy personal needs which conflict with societal and ethical standards are self-checked and different decisions are made to fulfill needs and expectations. I must acknowledge that I have no control over student discipline aside from providing instruction, modeling, assessing, and mentoring students’ understandings and application of developing professional behaviors.

## Graduate Instruction

*Evidence-Based Counseling* (COUN 532) Summer 2021, 2022, 2023

Northern Illinois University

*Counseling Skills and Strategies* (COUN 525) Spring 2022, 2024

Northern Illinois University

## Undergraduate Instruction

*Psychology of African American Experience* (BKST 410) Spring 2021

Northern Illinois University

## Community Instruction

**School Counselor Institute Coordinating Instructor**

Northern Illinois University 2022-2023

Provide hybrid instruction and mentorship for professional mental health counselors seeking to develop specialization knowledge and skills for professional school counseling in pursuit of their ISBE PEL credential ~ Assessment of participant conceptualization and content knowledge retention

**Mental Health First Aid Instructor**

National Alliance for Mental Illness McHenry County 2018-2021

Linden Oaks Consortium, Naperville, IL 2013-2021

Provide interactive experiences for understanding mental illness aligned with physical illness ~ Guide participants in dispelling historical myths and stigma of mental health and illness ~ Instruct participants in learning MHFA action steps for primary intervention ~ Assessment of participant conceptualization and content retention

## Graduate Co-Teaching *N = 4*

*Counseling Skills and Strategies* (COUN 525) Spring 2022

Northern Illinois University

*Human Sexuality Counseling* (CAHC 766) Summer 2014

Northern Illinois University

*Counseling Skills & Strategies* (CAHC 525) Spring 2014

Northern Illinois University

*Orientation to the Counseling Profession* (CAHC 500) Spring 2014

Northern Illinois University

## Guest Lecturer *N = 7*

*Multicultural Inclusion: Practice and Professionalism* Spring 2024

 Wheaton College

*Counseling and Counselor Training* Spring 2019

 Northern Illinois University

*Facilitating Group Dialogs on Racism* Fall 2015

Northern Illinois University

*Race, Ethnicity, and Privilege: Multicultural Counseling* Summer 2015

Northern Illinois University

*Counselors as Advocates for Ex-Offenders Holistic Mental Health Services*

*for Persons Who were Formerly Incarcerated.* Spring 2015

National Louis University

*Boyer’s Principles and the Northern PACT* Spring 2013

Northern Illinois University

*Recognizing Group Dynamics in Multicultural Conversations* Summer 2013

Northern Illinois University

# RESEARCH EXPERIENCE

## Philosophy

As Clinical Professional Counselor and Counselor Educator, I believe research is one of my essential and consistent responsibilities; research in practice as a counselor and mentor, and then designing, conducting, disseminating, and collaborating on professional research projects as an educator and supervisor. My primary research interests are professional development of multicultural consciousness, efficacious assessment of multicultural competence in counseling, congruence and inclusion among counseling professionals, and experiential pedagogy in counselor education programs. My current agenda includes investigating theory and practice gaps regarding multicultural inclusion within the counseling profession in general and for BIPOC men more specifically.

## Employment

**Research Graduate Assistant** 2015 (summer)

Northern Illinois University, CAHE Department, DeKalb, IL

Collect and aggregate student, intern, and client data for CAHC program and CCTC clinical services ~ Facilitate technology utilization training for faculty, staff, and students ~ Coordinate site supervisor administrative orientations ~ Support office management of CCTC and clinical services ~ Process field-based applications with faculty approvals ~ Review and update Tk20 Student Data System ~ Train faculty and staff in use of Tk20

**Research Graduate Assistant** 2013-15

Community Counseling Training Center, DeKalb, IL

Oriented new counselors to CCTC office, processes, and duties ~ Coordinated counselors client scheduling ~ Conducted intake and crisis assessment for training center client loads and walk-in clients ~ Contacted clients for appointment reminders ~ Coordinated office supply list ~ Organized counselor and supervisor technology training ~ Completed client file checks for accuracy and consistency ~ Collaborated with other university counseling and student resource offices

## Invited Publications *N = 1*

Raheem, M. A. & **Hart, K. A.** (2019, March). Complexity and intersectionality of crisis and trauma in counseling those of African descent. *Counseling Today.*

## Publications *N = 4*

**Hart, K. A.** (2022). Multicultural Inclusion for Men of Color within the Counseling Profession. *Journal of Counseling in Illinois, 7*(1), 8-20.

Lenes, E., Swank, J. M., **Hart, K. A**., Machado, M. M., Darilus, S., Ardelt, M., Smith-Adcock, S., Lane, M. R., & Puig, A. (2020). Color-conscious multicultural mindfulness training in the counseling field. *Journal of Counseling & Development, 98,* 147–158. doi:10.1002/jcad.12309

**Hart, K. A.** (Fall, 2018). Multicultural inclusion: A phenomenological study of men of color who are professional counselors. (Doctoral dissertation). *ProQuest*.

Lauka, J. D., **Hart, K. A.**, Binhackova, M., & Friedman, E. N. (Spring, 2015). Cultivating Authentic Community in Counseling Programs through Faculty-Student Relationships**.** *ACA VISTAS*.

## Manuscripts *N = 8*

Baraka, M., & **Hart, K. A.** (In progress). Teaching Cognitive Complexity with Six Thinking Hats in Counseling Coursework.

Goodwin, K. P., & **Hart, K. A.** (In progress). Experiential Andragogy in Experience-based coursework: Action-based andragogy in counseling practicum courses..

**Hart, K. A.**, (In progress). Connection and disconnection with Black men in counseling: An instrumental case study with practicum counselors.

**Hart, K. A.** (In progress). Multicultural Inclusion Scale: Instrument development and validation.

**Hart, K. A.** (In progress). School Counselor curriculum development for post-master's clinical mental health counselors.

**Hart, K. A.**, & Baraka, M. (Submitted). Six Thinking Hats: Exploratory investigation of practicum-level utilization. *The Clinical Supervisor.*

**Hart, K. A.**, & Lenes, E. (In progress). Auto-Ethnographic investigation: Embodied wisdom of individualized interpersonal imprinting.

Heubner, J., & **Hart, K. A.** (Submitted). Reducing bias towards individuals who perpetrated sexual offense: An efficacy exploration of experiential lesson in counselor education classrooms. *Journal of Counseling in Illinois.*

## Book Contributions *N = 4*

**Hart, K. A.**, & Raheem, M. (2023). “Discrimination”. Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy. vol. 2, Sage, 472-474.

**Hart, K. A.**, & Raheem, M. (2023). “Microaggressons”. Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy. vol. 3, Sage, 1014-1018.

**Hart, K. A.** (2023). “Multicultural identity”. Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy. vol. 3, Sage, 1071-1075.

**Hart, K. A.**, & Raheem, M. (2023). “National Association for the Advancement of Colored People (NAACP)”. Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy. vol. 3, Sage., 1103-1105.

## Invited Podcast and Webinar Recordings *N = 4*

**Hart, K. A.**, & Demonte, L. (2020, October). *Radical self-care.* Recorded presentation delivered to Northern Illinois University, Division of Student Affairs, DeKalb, IL.

**Hart, K. A.** (2020, December). *Implicit bias workplace practices:​ Increasing awareness​, decreasing perpetuation*. Recorded webinar delivered to DeKalb County Government, Sycamore, IL.

**Hart, K. A.** (2020, November).*Implicit bias: ​Increasing awareness​, increasing intentionality*. Recorded webinar delivered to DeKalb County Government, Sycamore, IL.

**Hart, K. A.** (2020, September). *Acknowledgement and Connectedness*. Huskie Conversation Café podcast, DeKalb, IL. https://www.spreaker.com/user/niusje/episode5

## Invited Presentations and Intensive Workshops *N = 19*

19. **Hart, K. A.** (2023, June). Culturally-effective supervision. Presentation for National Louis University and Illinois Counseling Association. Virtual, USA.

18. **Hart, K. A.** (2023, May). Can’t stop! Won’t stop: A conversation on persistence, respite, and perseverance. Keynote Presentation at 11th Annual Adler University Multifaceted Themes Diversity Conference. Virtual, Chicago, IL.

17. **Hart, K. A.** (2023, April). “Dr. Kimberly Ann Hart:” Storytelling as a source of individual and collective healing and transformation. Address at 10th Annual Coming Out of the Shadows Dream Action Rally. DeKalb, IL.

16. Guzman, Y., **Hart, K. A.** Fickling, M., & Isawi, D. (2023, March). Women in Counseling and Higher Education. Panel Presentation for Northern Illinois University Gender and Sexuality Resource Center. DeKalb, IL

15. **Hart, K. A.** (2023, March). Self-love fuels self-confidence. Presentation at Northern Illinois University Huskie Scholars meeting.

13. Oliveira, E., & **Hart, K. A.** (2023, March). Non-tenure track faculty: Navigating boundaries and promotion. Presentation for the Association of Counselor Education and Supervision Clinic Directors and Placement Coordinators Network. Virtual, USA.

12. **Hart, K. A.** (2023, February). UndocuJoy series: Self-love. Presentation at Northern Illinois University Undocumented Student Services. DeKalb, IL.

11. **Hart, K. A.** (2023, February). Preparing clinical letters. Workshop at Graceful Therapy Consultation Working Group. Aurora, IL.

10. **Hart, K. A.** (2023, February). Black mental health. Presentation at Northern Illinois University Dr. LaVerne Gyant Alumni Mentoring Program monthly mentors meeting.

9. **Hart, K. A.** (2022, November). Self-care and mental health. Presentation at Northern Illinois University Huskie Scholars meeting.

8. **Hart, K. A.** (2022, June). Cultivating communities of wellness through trauma-informed community healing. Presentation at the Northern Illinois University Social Justice Summer Camp.

7. **Hart, K. A.** (2022, April). Community Healing Support: Moving through Adversity and Traum in the Present. Presentation at the Northern Illinois University Presidential Commission on Race and Ethnicity Deacon Davise Awards Luncheon.

6. **Hart, K. A.** (2021, March). Mental health care is intersectionality-oriented care. Presentation at the University of Florida Counseling & Wellness Center’s Healing and Transforming Racial Trauma in the Counseling Field 2021 Speaker Series for Mental Health Professionals and Trainees. Gainesville, FL. https://www.youtube.com/watch?v=3lOPcAomiXw&list=PLg\_RX2IriZ92hqStxIZVfoE8OPypgzjhl&index=4

5. **Hart, K. A.,** Mitchell, J. & Mitchel, J. (2021, February). Journey to becoming a leader. Panel for the John Henrik Clarke Honor Society, DeKalb, IL.

5. Lenes, E., & **Hart, K. A.** (2020, January). Purposeful practices in multiculturally conscious counseling: Community rebuilding through group work. Workshop at the Biennial Conference of the Association for Specialist in Group Work. Dorado, PR.

4. **Hart, K. A.** (2019, October). The ethical practices s in multicultural and social justice counseling:An aspirational approach. Workshop at the Kennedy Krieger Institute Biennial Trauma Conference. Baltimore, MD.

3. **Hart, K. A.** (2019, January). The ethical practices in multicultural and social justice counseling:An aspirational approach. Workshop at Mount Mary University. Milwaukee, WI.

2. **Hart, K. A.** (2017, February). Exploring multicultural inclusion in the counseling profession. Presentation at the Northern Illinois University Gender & Sexuality Resource Center Research Roundtable Series. DeKalb, IL.

1. **Hart, K. A.** (2017, February). Healing Racism. Presentation at the Annual Woman Spirit Conference. DeKalb, IL.

## Presentations and Intensive Workshops *N = 34*

34. **Hart, K. A.** & Baraka, M. (2023, November). Six-thinking hats: Tool to enhance processing and conceptualization skills for experiential practitioners, educators, and supervisors. Presentation at the International Association for Experiential Education Annual Conference, Madison, WI.

33. Atchison, R., Oaks, C., Parmanand, S., Hakenewerth, T., **Hart, K. A.**, Napier, D., Parker, L., & Campbell, C. (2023, October). Panel with the pros: Developing and sustaining counselor education training clinics. Presentation at the Biennial Conference of the Association for Counselor Education and Supervision, Denver, CO.

32. Baraka, M., & **Hart, K. A.** (2023, October). Andragogical vehicle for enhancing client conceptualization during supervision: Engaging counselors. Presentation at the Biennial Conference of the Association for Counselor Education and Supervision, Denver, CO.

31. Barnes, E., Clark, D., **Hart, K. A.**, Nadermann, K., & Oliveria, E., (2023, October) Navigating the unanticipated challenges of clinical directorship and clinical placement.  (2023, October). Pre-Conference Presentation at the Biennial Conference of the Association for Counselor Education and Supervision, Denver, CO.

30. Baraka, M, & **Hart, K. A.** (2022, November). Supervision and six-thinking hats: Increasing counselor conceptualization skills. Presentation for the Illinois Counseling Association Fall Conference, Lisle, IL.

29. Goodwin, K. P., & **Hart, K. A.** (2021, October). Mentoring graduate students of color using existentialism: De-centering whiteness in higher education​. Presentation for the Illinois Counseling Association Fall Conference, Lisle, IL.

28. Petersen, S. B., Edwards, J., & **Hart, K. A.** (2020, November). The Intersection of Religion and Spirituality with Sexual Wellness for Persons with LGBTQIA+ Identities. Presentation for the Illinois Counseling Association Fall Conference, Virtual Conference, IL.

27. **Hart, K. A.** (2020, September). The basics of inclusion: Knowledge, empathy, and healing. Virtual presentation to the DeKalb County Government, Sycamore, IL.

26. Rustagi, M., Isawi, D., & **Hart, K. A.** (2020, September). Race, Gender, and Counseling. Panel presentation at the NIU Gender and Sexuality Resource Center Cultural Sisterhood Summit, DeKalb, IL.

25. **Hart, K. A.** (2020, February). Building empathy and awareness for transformative work with LGBTQIA+ community members. Presentation to the Winnebago County Department of Court Services, Rockford, IL.

24. **Hart, K. A.** (2019, October). Intersectionality of multiculturally conscious supervision. Clinic Director and Placement Coordinator Post-Conference Presentation at the Biennial Conference of the Association for Counselor Education and Supervision, Seattle, WA.

23. Raheem, M., **Hart, K. A.**, Moyenda, M., & Pitt, J. (2019, October). Seeking the sahku: Lift every voice and sing. Presentation at the Biennial Conference of the Association for Counselor Education and Supervision, Seattle, WA.

22. Lenes, E., & **Hart, K. A.** (2019, March). Intra- and Interpersonal Color-Conscious Multicultural Mindfulness. Workshop at the Annual Conference of the American Counseling Association. New Orleans, LA.

21. Raheem, M., & **Hart, K. A.** (2018, November). Complexity and intersectionality of crisis and trauma in counseling those of African descent. Presentation at the Annual Conference of the Illinois Counseling Association. Itasca, IL

20. Lenes, E., & **Hart, K. A.** (2018, April). Color conscious multicultural mindfulness (CCMM): A meaningful training experience. Presentation at the Annual Conference of the American Counseling Association. Atlanta, GA.

19. Raheem, M., & **Hart, K. A.** (2018, April). Persons of African Descent: Interpersonal violence and community violence. Presentation at the Annual Conference of the American Counseling Association. Atlanta, GA.

18. Raheem, M., & **Hart, K. A.** (2017, March). Complexity and intersectionality of crisis and trauma in counseling those of African descent. Presentation at the Annual Conference of the American Counseling Association. San Francisco, CA.

17. **Hart, K. A.** (2016, November). Five days and two years: Conscious and compassionate counseling through mindful cross-cultural practices. Presentation at the Annual Conference of the Illinois Counseling Association, Springfield, IL.

16. Joachim, Jr., A. N., **Hart, K. A.**, Parker, L., & Boyd, R. (2015, November). Addressing concerns of youth living in violent stricken neighborhoods. Presentation at the Annual Conference of the Illinois Counseling Association, Skokie, IL.

15. **Hart, K. A.**, & McMillion, P. (2015, October). What does it mean to be a compassionate clinician in adventure therapy? Presentation at the Association for Experiential Education, Therapeutic Adventure Professionals Pre-Conference. Portland, OR.

14. Mika, K. M., Cox, S. A., Wise, S. M., Parker, L. C., McMillion, P. L. R., **Hart, K. A.**, Rheineck, J. E. (2015, October). Accepted: Standardizing and quantifying the graduate admissions process for counseling programs. Presentation at the Biannual Meeting of the Association for Counselor Education and Supervision, Philadelphia, PA.

13. Douglas, K., Lauka, J., Likis-Werle, E., Hall, S., & **Hart, K. A.** (2015, October). Developing and managing counselor education training clinics: A panel discussion. Presentation at the Biannual Meeting of the Association for Counselor Education and Supervision, Philadelphia, PA.

12. Lauka, J. E., **Hart, K. A.**, Binhackova, M., & Friedman, E. (2014, November). Cultivating Authentic Community in Counseling Programs through Faculty-Student Relationships**.** Presentation at the Annual Conference of the Illinois Counseling Association, Schaumburg, IL.

11. **Hart, K. A.**, McMillion, P., & Myers, C. E. (2014, November). Bringing the challenge to challenging students: Adventure-based counseling. Presentation at the Annual Conference of the Illinois Counseling Association, Schaumburg, IL.

10. **Hart, K. A.,** Cox, S. A., Rowland, E. U., & Such, J. (2014, November). Cultivating competence through reflective communities: Using creativity and diversity to enhance counselor development. Presentation at the Annual Conference of the Illinois Counseling Association, Schaumburg, IL.

9. **Hart, K. A.**, & Joachim, Jr., A. N. (2014, November). Counselors and counselor educators enacting authentic social justice practices with populations of ex-offenders, individuals who are incarcerated, and their families to reinvent community. Presentation at the Annual Conference of the Illinois Counseling Association, Schaumburg, IL.

8. **Hart, K. A.**, Williams, J., & Goff, A. (2014, April). School counselors promoting social justice through film dialogue: Advocacy efforts for school and community wellness. Presentation at the Annual Conference of the Illinois School Counselors Association, Skokie, IL.

7. Myers, C. E., Moody, S., McMillion, P., & **Hart, K. A.** (2014, April). Bringing the challenge to challenging students: Adventure-based counseling. Presentation at the Annual Conference of the Illinois School Counselors Association, Skokie, IL.

6. Filmore, J. M., Wynn, R., Chouduri, D., Ginicola, M., Griffin, C., **Hart, K. A.**, & Strentzsch, J. (2014, March). *The Cultural Divide:* A panel discussion addressing LGBT issues in counseling. Presentation at the Annual Meeting of the American Counseling Association, Honolulu, HI.

5. **Hart, K. A.** (2013, November). Cross-Cultural Facilitation: Unique Skills to Enhance Rapport Building, Group Process, Social Justice, and Breaking Down the *Isms*. Presentation at the Annual Conference of the Illinois Counseling Association, Skokie, IL.

4. Rheineck, J., & **Hart, K. A.** (2013, October). Diversity within the LGBT population on college campuses: How counselors and student affairs professionals can be advocates. Presentation at the Biannual Meeting of the Association for Counselor Education and Supervision, Denver, CO.

3. **Hart, K. A.,** & Myers, C. E. (2012, November). Reconceptualizing adventure-based counseling: Activities for everyday school and clinical settings. Presentation at the Annual Conference of the Illinois Counseling Association, Springfield, IL.

2. Woolman, J., & **Hart, K. A.** (2012, November). Yoga interventions for diverse counseling treatment plans. Poster Presentation at the Annual Conference of the Illinois Counseling Association, Springfield, IL.

1. Wickman, S., Myers, C. E., Rush, L. C., Anderton, C., Kerulis, M., Melvin, K., McCarthy, A., Pagones, P., Wambu, G., & **Hart, K. A.** (2011, October). The P.A.W.! A unique counselor education admissions model for screening, community building, and promoting professional identity development. Presentation at the Biannual Meeting of the Association for Counselor Education and Supervision, Nashville, TN.

## Dissertations *N = 11*

11. DeMonte. (In progress). Sense of Belonging During Reintegration in Formerly Incarcerated Queer and Gender Expansive People: An Interpretative Phenomenological Analysis. Northern Illinois University, Lead Co-Chair.

10. Fitzgerald. (In progress). Counselors’ Experience with Yoga for Self-care. Northern Illinois University, Co-Chair.

9. Goodwin. (2023). Christianity and Mental Health: Voices of the Black Negro-American Experience. Northern Illinois University, Lead Co-Chair.

8. Grays. (In progress). Race Into the Future: Counselor Educators' Experiences Training with an Antiracist Pedagogy. Northern Illinois University, Committee Member.

7. Hall-Sally. (In progress). Counselor’s Perception of Military Culture: Bridging the Gap Between Counselors and Military Population. Northern Illinois University, Lead Co-Chair.

6. Huebner. (2022). Perceptions of Family-of-Origin Belief Systems Among Cisgender Men in Outpatient Treatment for Sexual Offending: A Phenomenological Investigation. Northern Illinois University, Committee Member.

5. Jackson. (In progress). An Exploration of the Sense of Belonging for African American Women Licensed Clinicians in a Voluntary Professional Counseling Organization. Northern Illinois University, Committee Member.

4. Joachim. (In progress). Psychological, Social, and Emotional Impact of Vitiligo: Beyond Skin Deep. Northern Illinois University, Committee Member.

3. Jury. (2022). Midrash Therapy: A Hermeneutical Inquiry. Northern Illinois University, Committee Member.

2. Petersen. (2022). Lived Experiences of First-Generation College Students in CACREP-Accredited Counseling Programs. Northern Illinois University, Co-Chair.

1. Roberts. (2022). Exploratory Study of Practicum Counselor Strategies of Connection and Disconnection. Northern Illinois University, Co-Chair.

# LEADERSHIP AND SERVICE EXPERIENCE

## Philosophy

My advocacy work centers around decreasing mental health stigma, promoting counselor educator congruence, increasing authenticity in educational and program communities, and advocacy for socially-marginalized populations and their families. I believe counseling and counselor education is not confined to counseling offices or classrooms. To fully engage my aspirational ethics as a counseling professional, my clinical practice must include service to the profession from many points of entry. This includes my willingness through service when and where my collective colleagues request my presence. This leadership may be formal or informal, in either instance, my charge is to take space and make space equitably for the betterment of my colleagues on behalf of our past, present, and potential clients, constituents, and their broader communities.

## Employment

**Graduate Assistant for Student Services** 2011-13

Northern Illinois University, DeKalb, IL

Researched and developed new program specifications as member of Student Services Committees ~ Coordinated campus community pledge initiative (Northern PACT) ~ Collaborated with cooperative student affairs office directors and graduate assistants ~ Promoted and encouraged community growth and wellness among students and professional staff

## Training in Professional Leadership *N = 5*

*American Counseling Association Institute for Leadership Training* 2019

 Arlington, VA

*American Counseling Association Institute for Leadership Training* 2018

 Alexandria, VA

*American Counseling Association Midwest Leadership* 2016

*Development Academy*

 Minneapolis, MN

*Illinois Counseling Association Leadership Development Academy* 2013

 Skokie, IL

*Association for Counselor Education & Supervision Emerging Leaders* 2013

 Denver, CO

## Leadership in Professional Organizations *N = 13*

President, Illinois Counselor Educators and Supervisors 2023-24

Acting President, Illinois Counselor Educators and Supervisors 2022-23

Faculty Advisor, Northern Illinois University Counseling Association 2021-24

Past-President, Illinois Counseling Association 2020-21

President, Illinois Counseling Association 2019-20

President Elect, Illinois Counseling Association 2018-19

President Elect-Elect, Illinois Counseling Association 2017-18

Past-President, Illinois Association for Specialist in Group Work 2016-18

President, Illinois Association for Specialist in Group Work 2016-17

Past-President, Illinois Counselors for Social Justice 2016-17

President, Illinois Counselors for Social Justice 2015-16

Faculty Advisor, Black Counselors Association – NIU Chapter 2015-20, 23-24

Secretary, Illinois Association for Specialists in Group Work 2011-16

## Professional Advocacy *N = 5*

American Counseling Association Capitol Hill Meetings 2018, 19

Black Counselor Association – Illinois Counseling Association Chapter 2017

American Bar Association Client Counseling, NIU College of Law

 Competition, Preliminary-round Judge 2013

National Eating Disorder Awareness Week 2013

Say It Out Loud Campaign 2012

## Committee Appointments *N = 15*

ICA Public Relations Committee 2023-24

Mentorship Program Design Sub-Committee 2021

NIU CoE Ad Hoc Mentorship Committee 2021

NIU CoE Research Committee 2020-21

Research-Practice Partnerships Task Force 2020-21

ICA Conference Planning Committee 2018-21

ICA ACA MDW LDT Grant Committee 2018

ICA Awards Committee 2017

NIU Graduate Recruitment Committee 2016

NIU CAHE Department Scholarship Review Committee 2016

IASGW Conference Committee 2013, 15

NIU Northern PACT Committee 2011-14

Bystander Intervention Education, JUST ACT Committee 2012-14

ASGW Graduate Student & New Professionals Committee 2011-13

NIU Academic Convocation Committee 2011-13

## Service *N = 11*

NIU Dream.US Mental Health Liaison 2022-24

NIU CoE Awards Review 2022

Chicago Food Depository, Chicago, IL 2021-22

ICA Southern Conference Committee Chair 2021

ICA Annual Conference Committee Chair 2019

Visibly Imperfectly Perfect Board of Directors, Business Secretary 2019

NIU CAHE Department IRB Reviewer 2016-23

Northern Illinois Food Bank, Geneva, IL 2016, 2022-23

NCACES Conference Proposal Reviewer 2014

St. Leonard’s House Service Dinner, Chicago, IL 2012

Relay for Life, DeKalb, IL 2012

Habitat for Humanity, Murfreesboro, TN 2012

# COUNSELING EXPERIENCE

## Philosophy

I believe awareness is the first step towards healthy, balanced, holistic existence. Human existence is one of striding towards constructive growth and self-actualization. As individuals become aware of incongruence with self-concept, needs, choice behavior patterns, affective reactions, and cognitive responses to one’s experiences, intolerance with incongruence act as influences for individuals’ engagement in and committed action to change processes. Intolerance must override any benefits of angst and maladaptive functioning before individuals will trade one set of learned patterns for healthier choice behaviors. Inherent mechanisms for making-meaning are oriented towards here-and-now contexts in developing one’s holistic understandings of the interrelated nature of all things. Individuals are experts of their individual human experience and capable of dealing with all life dynamics. Changes can be affective, cognitive, and behavioral; each of these facets of human existence interacts with the others. Though I believe changes in cognition and/or behavior bring about quickest life experience pattern shifts.

## Employment

**Licensed Clinical Professional Counselor** 2019-Current

Community Counseling Training Center, DeKalb, IL

Administer clinical needs assessments ~ Conduct intake interviews, diagnosis, and treatment planning ~ Implement client intervention plans ~ Evaluate intervention effectiveness and client satisfaction with services ~ Consult and advocate for client concerns with educational, clinical and community professionals; as well as relevant familial connections.

**Licensed Professional Counselor** 2015-2021

Community Counseling Training Center, DeKalb, IL

Conducted client needs assessments, intake interviews, diagnosis, and treatment planning under clinical supervision ~ Developed and implemented student/client intervention ~ Evaluated intervention effectiveness and client satisfaction with services ~ Provided consultation for client concerns with education, community, and clinical professionals

**Counseling Intern** 2012-13

Alexian Brother’s Parish Services, Schaumburg, IL

Conducted student/client needs assessments, intake interviews, diagnosis, and treatment planning ~ Developed and implemented student/client intervention plans in school and community settings ~ Evaluated intervention effectiveness and student/client satisfaction with services ~ Provided consultation for student/client case concerns with education and clinical professionals

**Retreat Facilitator** 2000-10

Resurrection Center, Woodstock, IL

Coordinated purpose-oriented program activities for elementary, high school, and adult groups ~ Consulted with clients’ coordinating staff and formulate program schedules ~ Presented themed talks, facilitate activity processing discussions, and encourage program participants ~ Stimulated open and introspective dialogues with individuals and small groups ~ Oversaw the day-to-day needs of children aged 8-14 as a part of a team of 10 counselors (summer program)

## Professional Credentials

Licensed Clinical Professional Counselor 2019-24

*Illinois Department of Financial and Professional Regulation #180012371*

Professional Educator License School Counselor 2014-24

*Illinois State Board of Education #2235576*

National Board Certified Counselor 2013-24

*National Board for Certified Counselors #319374*

Licensed Professional Counselor 2013-21

*Illinois Department of Financial and Professional Regulation #178009491*

## Certifications

Certified Mindful Cross-Cultural Facilitator 2016-22

Certified Mental Health First Aid Instructor for Higher Education 2014-22

Certified Youth Mental Health First Aid Instructor 2014-22

Certified Mental Health First Aid Instructor for Adults 2012-22

Certificate of Applied Suicide Intervention Skills Training (ASIST) 2015

Certified Mental Health Facilitator Trainer 2013-15

**Areas of Counseling Specialization**

Counseling Supervision

Group Counseling

Experiential Education/Interventions

Cross-Cultural Facilitation

Acceptance Commitment Therapy

Creativity in Counseling

Expressive and Adventure-Based Interventions in Counseling

Mental Health First Aid for adults, youth, and higher education

## Training in Counseling and Advocacy *N = 9*

*Disability Ally Training* *2019*

DeKalb, IL

*Un-Documented Ally Training* 2018

DeKalb, IL

*Cross-Cultural Facilitation* 2014

Berkeley, CA

*Acceptance & Commitment in Psychotherapy* 2012

Northbrook, IL

*LGBTQ Ally Training* 2012

DeKalb, IL

*Acceptance and Commitment Therapy (ACT) in Practice* 2012

Hoffman Estates, IL

*Image & imagining, Shape & shaping, Color & coloring:* 2012

*Rewriting the brain in nonverbal therapy modalities*

Hoffman Estates, IL

*In the Present Moment: Mindfulness as a Way of Life* 2012

Albuquerque, NM

*Counseling Couples: The Essential Tools* 2011

Skokie, IL

# GRANTS

## Major Projects *N = 14*

14. **Hart, K. A.** (In progress). Schultz Foundation for Advancing Counseling Melanie E. Rawlins Research Grant. Connection and disconnection with Black men in counseling: An instrumental case study with practicum counselors. ($1,000; In progress).

13. **Hart, K. A.** (2023). NIU College of Education Dean’s Research Grant. Practicum counselors’ strategies of connection and disconnection while providing counseling with clients who are Black men. ($3,900, Funded).

12. **Hart, K. A.** (2023). Schultz Foundation for Advancement of Counseling Merlin W. Schultz Professional Development Grant. Integrating experiential andragogy into counselor education curriculum. Association for Experiential Education. ($1000; Funded).

11. **Hart, K. A.**, Demonte, L., Argawal, S., & Tornquist, J. (2020). Robert J. Nejedlo Social Emphasis Grant:Men of Color Social Justice Intervention Program. ($25,000; Not funded).

10. **Hart, K. A.**, Demonte, L., Argawal, S., & Tornquist, J. (2020). NIU College of Education Dean’s Research Grant: ($2,500; Not funded).

9. **Hart, K. A.**, Demonte, L., Argawal, S., & Tornquist, J. (2020). NIU College of Education Dean’s Partnership Grant: Dismantling Narratives and Practices of Oppression in Education. ($2,500; Not funded).

8. Lauka, J., & **Hart, K. A.** (2019). Association of Counselor Education and Supervision Research Grant. ($3,000; Not funded).

7. **Hart, K. A.** (2018). Northern Illinois University College of Education Capital Improvement Grant. ($10,000; Funded).

6. **Hart, K. A.** (2017). Schultz Foundation for Advancing Counseling Melanie E. Rawlins Research Grant. Multicultural inclusion experiences of men who are professional counselors: A phenomenological investigation. ($1,000; Funded).

5. **Hart, K. A.** (2017). North Central Association for Counselor Education & Supervision Research Grant. Multicultural inclusion experiences of counselor educators: A phenomenological investigation. ($750; Not funded).

4. **Hart, K. A.** (2016). Association for Multicultural Counseling and Development Research Grant: Multicultural inclusion within the counseling profession. ($250; Funded).

3. **Hart, K. A.**, & Hall-Sally, S. (2016). NIU College of Education Dean’s Research Grant: Measuring counselor-in-training self-efficacy in demonstrating basic skills and managing performance anxiety. ($2,500; Not funded).

2. **Hart, K. A.**, & Hall-Sally, S. (2016). NIU College of Education Dean’s Instructional Innovation Grant: Utilizing advanced technology to enhance practicum counselor development. ($2,500; Not funded).

1. **Hart, K. A.** (2012). Illinois Counseling Association Foundation Merlin W. Schultz Professional Development Grant. Cross-Cultural Mindfulness Facilitation. Stirfry Seminars & Consulting Quan Yin Training Center: Berkley, CA. ($1000; Funded).

## Educational Scholarships and Grants *N = 6*

Nancy E. Henn Scholarship ($700) 2015

Wesley I. Schmidt Endowed Scholarship ($1,000) 2014

Wesley I. Schmidt Endowed Scholarship ($700) 2013

Florence E. Doyle Memorial Award ($150) 2012

Jeffrey T. Lunsford Fellowship ($9,000 tuition waiver) 2012

# AWARDS

## State and National *N =4*

Sierra Tucson Chicago Gratitude for Giving Hope Recognition Award

for contribution to prevention and education 2023

Illinois Counseling Association Bea Wehrly Human Rights Award 2021

Illinois Counselor Educators and Supervisors Site Supervisor of the Year 2018

Illinois Association for Specialists in Group Work Beverly Brown Award

for Outstanding Contribution to the Field of Group Counseling 2014

Association for Specialist in Group Work Outstanding Branch Award 2014

## University *N = 4*

NIU College of Education Diversity & Social Justice Award (nominee) 2022

NIU College of Education Excellence in Service by Faculty Award 2020

Outstanding Women Award (Presidential Commission on the Status of Women) 2013

Outstanding Graduate Student Award (NIU) 2012

# PROFESSIONAL AFFILIATIONS

## International/National Counseling Organizations

American Counseling Association 2013-21

Association of Counselors for Social Justice 2015-21

Association for Multicultural Counseling and Development 2015-21

Association for Counselor Education and Supervision 2013-24

Association for Specialists in Group Work 2012-21

Association for Experiential Education 2012-18, 23-25

Association for Contextual Behavioral Science 2012-14

American School Counselor Association 2011-13

## State/Regional Counseling Organizations

North Central Association for Counselor Education and Supervision 2014-24

Illinois Counseling Association 2011-24

Black Counselors Association: ICA Chapter 2016-24

Illinois Counselor Educators and Supervisors 2015-24

Illinois Counselors for Social Justice 2015-24

Illinois Association for Multicultural Counseling 2013-22

Illinois Association for Specialists in Group Work 2011-24

Illinois School Counselor Association 2011-22

## Local/University Counseling Organizations

Black Counselors Association: NIU 2014-21, 23-24

Northern Illinois University Counseling Association 2011-22

NIU Association for LGBT Issues in Counseling 2015-17

## Honor Societies

Chi Sigma Iota Counseling Academic & Professional Honor Society 2011-17, 23-25

Golden Key International Honor Society 2012-15