General Education Requirements

Foundation Studies (12)
- COMS 100
- Required Grade of "C" or better
- ENGL 103
- ENGL 203A or ENGL 204
- MATH 155, 206, 210, 211, or 229
- or MATH 110+STAT 208

Knowledge Domain Studies (21)
There is a required minimum of 21 semester hours in the three General Education Knowledge Domains that cannot include more than two courses in any one department. A minimum of 6 semester hours in each domain area and one additional 3 hour course from any knowledge domain area.

Creativity & Critical Analysis (6)
See catalog for entire list of Creativity & Critical Analysis Courses.
- ANTH 102, 210
- ARTH 282, 292, 294, 340, 350
- COMS 203, 220, 230, 356, 480
- ENGL 110, 115, 116, 117 310, 315, 340, 350
- EPPE 321, 400, 410, EPS 300, 430
- FLCL 271, FLFR 371, FLIT 272, FLRU 261
- HIST 110, 111, 112, 140, 141, 171, 260, 261
- IDSP 225, IAS 100
- MUHL 220
- PHIL 101, 105, 231
- POLS 150, 251
- TH-D 222, THEA 203
- WGST 202

Nature & Technology (6)
- BIOS 103 (3) [Major requirement]
- CHEM 110 (3) [Major requirement]
- BIOS 105 & CHEM 111 (1) [Major requirement]

Society & Culture (6)
- PSYC 102 (3) Major requirement
- PHHE 206 (3) Major requirement

Knowledge Domain Elective (3)
Complete 3 credit hours from one of the areas above.
See catalog for entire list of Knowledge Domain Studies Courses.

Undergraduate Kinesiology Requirements (49)

*Kinesiology to Athletic Training majors are required to earn a "C" or better in all Kinesiology, Athletic Training required courses and the university's foundation studies in quantitative literacy.

Professional Core (26)
- KNPE 305 Psych & Soci Aspects of Sport and Exer (3)
- KNPE 320 Foundations of Athletic Training (3)
- KNPE 350 Principles and Techniques of Resist Training (3)
- KNPE 443 Exer Therapy for Acute and Chronic Conditions (3)
- KNPE 445 Measurement & Evaluation (3)
- KNPE 461 Phys Activity and Wellness (3)
- KNPE 463 Exer and Physical Activity across the Lifespan (3)
- KNPE 483 Scientific Basis of Exer Prescription and Prog (4)
- PHYS 150 Physics (3)
- PHYS 151 Physics Lab (1)

Course Work Outside of KNPE (12)
- HSCI 318 Basic Medical Terminology (3)
- PHHE 206 Contemporary Health Concepts (3)
- PSYC 102 Introduction to Psychology (3)
- STAT 100 Basic Statistics (3)

Graduate Level Course Work (53)
- KNAT 500 Principles of Athletic Injury & Illness Management & Emergency Care (3)
- KNAT 501 Foundations of Athletic Training (3)
- KNAT 502 Clinical Physical Examination & Diagnosis in Athletic Training 1 (3)
- KNAT 503 Clinical Physical Examination & Diagnosis Lab 1 (3)
- KNAT 504 Clinical Physical Examination & Diagnosis in Athletic Training 2 (3)
- KNAT 505 Clinical Physical Examination & Diagnosis Lab 2 (3)
- KNAT 515 Special Topics & Culminating Experience in Athletic Training (3)
- KNAT 519 Athletic Training Clinical Administration (3)
- KNAT 520 Integrated Therapeutic Interventions in Athletic Training 1 (3)
- KNAT 521 Integrated Therapeutic Interventions in Athletic Training Lab 1 (3)
- KNAT 522 Integrated Therapeutic Interventions in Athletic Training 2 (3)

HUMAN DIVERSITY REQUIREMENT
All undergraduate students must complete the human diversity baccalaureate requirement either through a designated human diversity course, or a non-course based experience that is designated as "human diversity."
Graduate Level Course Work Cont.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
<th>Prerequisites</th>
</tr>
</thead>
<tbody>
<tr>
<td>KNAT 523</td>
<td>Integrated Therapeutic Interventions in Athletic Training Lab 2</td>
<td>(3)</td>
<td>[PRQ: KNAT 522 or Department Consent]</td>
</tr>
<tr>
<td>KNAT 550</td>
<td>Research Methods and Evidence Based Practice in Athletic Training</td>
<td>(3)</td>
<td>[PRQ: KNAT 502 or Department Consent]</td>
</tr>
<tr>
<td>KNAT 551</td>
<td>Athletic Training Clinical Experience 1</td>
<td>(3)</td>
<td>[CRQ: KNAT 502 PRQ; KNAT 500 or Department Consent]</td>
</tr>
<tr>
<td>KNAT 552</td>
<td>Athletic Training Clinical Experience 2</td>
<td>(3)</td>
<td>[PRQ: KNAT 551 &amp; KNAT 503; or Department Consent]</td>
</tr>
<tr>
<td>KNAT 553</td>
<td>Immersive Athletic Training Clinical Experience 1</td>
<td>(4)</td>
<td>[PRQ: KNAT 504 &amp; KNAT 520; or Department Consent]</td>
</tr>
<tr>
<td>KNAT 556</td>
<td>Immersive Athletic Training Clinical Experience 2</td>
<td>(4)</td>
<td>[PRQ: KNAT 553 or Department Consent]</td>
</tr>
<tr>
<td>KNAT 650</td>
<td>Directed Research and Applied Evidence Based Practice in Athletic Training</td>
<td>(3)</td>
<td></td>
</tr>
</tbody>
</table>

**MSAT Admission Requirements:**

1. Minimum GPA 3.0
2. Admission to NIU Graduate School
3. Prerequisite Coursework
4. Formal Admission to MSAT Program
   a. Letter of interest
   b. Resume
   c. Three letters of recommendation
   d. Minimum of 50 observation hours with a BOC certified athletic trainer within the last 10 months prior to application
   e. MSAT Program Interview

**ATHLETIC TRAINING PROGRAM**

Athletic trainers are healthcare professionals who collaborate with physicians and other allied healthcare professionals to provide care to a variety of patient populations. Athletic trainers specialize in prevention, emergency care, clinical diagnosis, and therapeutic intervention. The Accelerated Bachelor of Science in Kinesiology/Master of Science in Athletic Training program leads to both the B.S. degree in Kinesiology and M.S degree in Athletic Training. Through our innovative curriculum, you will gain the necessary skills to sit for the Board of Certification examination, which will allow you to practice as a certified athletic trainer.

For additional information, please visit some of the following websites:

https://www.nata.org/
https://www.bls.gov/ooh/healthcare/athletic-trainers.htm

**Academic Resources**

- **Anthony Calderala**  
  KNPE Academic Advisor  
  Anderson Hall 215  
  815-753-1407  
  acalderala@niu.edu

- **Joseph Curran**  
  KNPE Academic Advisor  
  Anderson Hall 214  
  815-753-1407  
  jcurran2@niu.edu

- **Dr. Todd Gilson**  
  KNPE Department Chair  
  Anderson Hall 223  
  815-753-9399  
  tgilson@niu.edu

- **Nicholas E. Grahovec**  
  AT Program Director  
  Anderson Hall 229  
  815-753-1400  
  ngrahovec@niu.edu

- **General Tutoring (ACCESS)**  
  www.niu.edu, A-Z index, T, tutoring

- **NIU Information Technology**  
  (Questions about blackboard, NIU Email account, reset password)  
  www.its.niu.edu/its/index.asp  
  815-753-8100

- **NIU Writing Center**  
  http://www.niu.edu/uwc/  
  815-753-6636

- **Disability Resource Center (DRC)**  
  Health Services, 4th Floor  
  https://niu.edu/disability/  
  815-753-1303