**General Education Requirements**

**Foundation Studies (12)**
- COMS 100

**Required Grade of “C” or better**
- ENGL 103
- ENGL 203A, 203B, 203C, or 203D
  or ENGL 204 [if placed into ENGL 204]
- MATH 101, 155, 206, 210, 211, or 229
  or MATH 110+STAT 208

**Knowledge Domain Studies (21)**
- There is a required minimum of 21 credit hours in the three General Education Knowledge Domains that cannot include more than two courses in any one department. A minimum of 6 credit hours in each domain area and one additional 3 credit hour course from any knowledge domain area.

**Creativity & Critical Analysis (6)**
- See catalog for entire list of Creativity & Critical Analysis Courses.
  - ANTH 102, 210
  - ARTH 282, 292, 294, 340, 350
  - COMS 220, 230, 356
  - ENGL 110, 115, 116, 310, 315, 350
  - EPFE 321, 400, 410
  - FLCL 271, FLFR 371, FLIT 272, FLRU 261
  - HIST 110, 111, 112, 140, 141, 171, 260, 261
  - IDSP 225, ILAS 100
  - MUHL 220
  - PHIL 101, 105, 231
  - POLS 150, 251
  - TH-D 222, THEA 203
  - WGST 202

**Nature & Technology (6)**
- BIOS 103 (3) [Major requirement]
- CHEM 110 (3) [Major requirement]
- BIOS 105 (1) [Major requirement]
- CHEM 111 (1) [Recommended]

**Society & Culture (6)**
- PHHE 206 (3) [Major requirement]
- PSYC 102 (3) [Major requirement]

**Knowledge Domain Elective (3)**
- Complete 3 credit hours from one of the areas above. See catalog for entire list of Knowledge Domain Studies Courses.

---

**Writing Infused Graduation Requirement**

Students entering NIU with 30 or fewer credit hours, excluding credits awarded through NIU’s Credit by Examination Program, must earn credit in two upper-division courses that are designated as “writing-infused.”

**Human Diversity Requirement**

All undergraduate students must complete the human diversity baccalaureate requirement either through a designated human diversity course, or a non-course based experience that is designated as “human diversity.”

---

**Athletic Training Requirements (82-83)**

Athletic Training majors are required to earn a “C” or better in all required Athletic Training KNPE courses.

**Basic Skills (23)**
- KNPE 322 CPAT* - Upper Extremity (2)
- KNPE 323 CPAT* - Lower Extremity (2)
- KNPE 331 Clinical Experience in Athletic Training (3)
- KNPE 332 Clinical Experience in Athletic Training (3)
- KNPE 350 Prin and Tech of Resist Training (3)
- KNPE 427 CPAT* - Therapeutic Modalities and Exer (2)
  [CRQ: KNPE 491 and PRQ: KNPE 323]
- KNPE 432 CPAT* - Organization and Administration Concepts in AT (2) [PRQ: KNPE 474]
- KNPE 434 Clinical Experience in Athletic Training (3) [PRQ: KNPE 332]
- KNPE 435 Clinical Experience in Athletic Training (3) [PRQ: KNPE 434]

*CPAT – Clinical Proficiencies in Athletic Training

**Scientific Basis (12-13)**
- BIOS 311 Functional Human Anatomy (4) [PRQ: Soph standing]
- or BIOS 357 Human Anatomy & Physiology (5) [PRQ: BIOS 103 + BIOS 105 + CHEM 110]
- KNPE 314 Applied Kinesiology (4) [PRQ: BIOS 311 or BIOS 357 and MATH core]
- KNPE 452 Exercise Physiology (4) [PRQ: BIOS 311 or BIOS 357 and MATH core]

**Athletic Training Limited Admissions Requirements**

1. Minimum post-secondary GPA 2.5 (average of all colleges attended)
2. Minimum grade of “C” or better in the following courses:
   - CHEM 110 or MATH core (3)
   - ENGL 103, 203A, 203B, 203C, 203D, or 204(3)
   - PSYC 102 (3)
3. Observation Hours: Minimum 50 observation hours completed within 10 months of the application deadline (no more than 20 hours may be attained in a medical [hospital/clinic], industrial/occupational, military, performing arts, and professional sport settings.)
4. Two letters of recommendation (At least one must be from an ATC)
5. Health History Appraisal Form (Physical)

NIU Athletic Training Program information may be accessed through NIU’s website:
http://www.cedu.niu.edu/knpe/undergraduate/athletictraining/index.shtml

All application materials are due February 1.
### Professional Core (12)

<table>
<thead>
<tr>
<th>Code</th>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HSCI</td>
<td>Medical Terminology (3)</td>
<td></td>
</tr>
<tr>
<td>NUTR</td>
<td>Sports Nutrition (3)</td>
<td></td>
</tr>
<tr>
<td>KNPE</td>
<td>Medical Aspects of Sport and Exer (3) [PRQ: PSYC 102]</td>
<td></td>
</tr>
<tr>
<td>KNPE</td>
<td>Measurement and Eval in Exer Sci (3) [PRQ: MATH core grade of “C” or better, PRQ/CRQ: KNPE 452]</td>
<td></td>
</tr>
</tbody>
</table>

### Athletic Training Concentration (30)

<table>
<thead>
<tr>
<th>Code</th>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>KNPE</td>
<td>Introduction to Athletic Training (1)</td>
<td></td>
</tr>
<tr>
<td>KNPE</td>
<td>Prin of Injury Prevention and Care (3) [Permission required, Admission to ATP]</td>
<td></td>
</tr>
<tr>
<td>KNPE</td>
<td>Practicum in Athletic Training (3) [Permission required, Admission to ATP]</td>
<td></td>
</tr>
<tr>
<td>KNPE</td>
<td>Emergency Medical Response (3) [Permission required]</td>
<td></td>
</tr>
<tr>
<td>KNPE</td>
<td>Assessment of Lower Extremity Injury (3) [PRQ: BIOS 311 or BIOS 357; and PRQ: KNPE 264 and KNPE 265]</td>
<td></td>
</tr>
<tr>
<td>KNPE</td>
<td>Assessment of Upper Extremity Injury (3) [PRQ: KNPE 324] [Writing Infused Course]</td>
<td></td>
</tr>
<tr>
<td>KNPE</td>
<td>Therapeutic Modalities (3) [Human Diversity Course]</td>
<td></td>
</tr>
<tr>
<td>KNPE</td>
<td>Medical Issues in Athletic Training (3) [Permission required, PRQ: KNPE 323] [Human Diversity Course]</td>
<td></td>
</tr>
<tr>
<td>KNPE</td>
<td>Therapeutic Exercise (3) [Permission required, PRQ: BIOS 311 or BIOS 357] [Writing Infused Course]</td>
<td></td>
</tr>
<tr>
<td>KNPE</td>
<td>Exer and Phy Act Across the Lifespan (3) [PRQ: KNPE 452, CRQ: KNPE 493] [Human Diversity Course]</td>
<td></td>
</tr>
<tr>
<td>KNPE</td>
<td>Supervised Clinical Exp in Exer Ger (2) [Human Diversity Course]</td>
<td></td>
</tr>
</tbody>
</table>

### Internship (6)

<table>
<thead>
<tr>
<th>Code</th>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>KNPE</td>
<td>Internship in Kinesiology (6) [Permission required]</td>
<td></td>
</tr>
</tbody>
</table>

### Additional Program Information

Northern Illinois University’s Athletic Training Program is accredited through the Commission on the Accreditation of Athletic Training Education (CAATE). Only students who complete CAATE accredited curriculum will be eligible to take the Board of Certification (BOC) examination. Athletic Training majors must successfully pass the BOC exam to be certified as an Athletic Trainer. To ensure students adhere to the current curricular standards set forth by CAATE, they are strongly encouraged to meet with the Athletic Training Academic Advisor each semester.

### Academic Resources

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Whitney Harris</td>
<td>KNPE Academic Advisor</td>
<td>815-753-8285</td>
</tr>
<tr>
<td>Dr. William Pitney</td>
<td>KNPE Program Director</td>
<td>815-753-1163</td>
</tr>
<tr>
<td>Dr. Chad McEvoy</td>
<td>KNPE Department Chair</td>
<td>815-753-1409</td>
</tr>
<tr>
<td>NIU Information Technology</td>
<td></td>
<td><a href="http://www.its.niu.edu/its/index.asp">www.its.niu.edu/its/index.asp</a> 815-753-8100</td>
</tr>
<tr>
<td>General Tutoring</td>
<td><a href="http://www.niu.edu">www.niu.edu</a>, A-Z index, T, tutoring (ACCESS)</td>
<td></td>
</tr>
<tr>
<td>National Athletic Training Association</td>
<td><a href="http://www.NATA.org">www.NATA.org</a></td>
<td></td>
</tr>
<tr>
<td>NIU Writing Center</td>
<td></td>
<td>815-753-6636</td>
</tr>
<tr>
<td>Disability Resource Center (DRC)</td>
<td>Health Services, 4th Floor</td>
<td>815-753-1303</td>
</tr>
</tbody>
</table>

**Additional Information**

- Northern Illinois University's Athletic Training Program is accredited through the Commission on the Accreditation of Athletic Training Education (CAATE). Only students who complete CAATE accredited curriculum will be eligible to take the Board of Certification (BOC) examination. Athletic Training majors must successfully pass the BOC exam to be certified as an Athletic Trainer. To ensure students adhere to the current curricular standards set forth by CAATE, they are strongly encouraged to meet with the Athletic Training Academic Advisor each semester.