

**Todd Anders Gilson**  
 Northern Illinois University, DeKalb, IL 60115  
[tgilson@niu.edu](mailto:tgilson@niu.edu)

**FORMAL EDUCATION**

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University	Years	Degree (Major Professor)
Michigan State University	2004 – 2008	Ph.D. – Kinesiology (Deb Feltz/Marty Ewing)
Oregon State University	2001 – 2003	M.S. – Exercise Science (Vikki Ebbeck)
Ohio Northern University	1997 – 2001	B.A. – Sport Management

**ACADEMIC APPOINTMENTS**

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University	Years	Academic Rank	Title(s)
Northern Illinois University	2020 – present	Professor	Department Chair, Kinesiology and Physical Education
Northern Illinois University	2019	Professor	Acting Associate Dean, College of Education*
Northern Illinois University	2016 – 2019	Associate Professor	Director for University Honors
Northern Illinois University	2013 – 2016	Associate Professor	Graduate Program Director Kinesiology Program Director
Northern Illinois University	2008 – 2013	Assistant Professor	Kinesiology Program Director

*\*Assumed role on temporary basis for individual who completed interim duties for the Provost*

**ADMINISTRATIVE EXPERIENCE**

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- Department Chair, Kinesiology and Physical Education – College of Education (NIU)
- Acting Associate Dean for Research, Resources, and Innovation – College of Education (NIU):
  - Promoted advancement in faculty scholarship by reviewing/approving all external grants for the College, serving as chair of the College Research Committee, and implementing the Research Advancement Series
  - Provided guidance for department chairs and directors related to faculty, instructor, and staff collective bargaining agreements
  - Continually evaluated the College’s personnel needs through the facilitation of hiring of all faculty, staff, and graduate students
  - Coordinated professional development training workshops for faculty and staff
  - Assisted in the development of space enhancements through named motor development lab, department designated classroom, hazardous materials removal, and meeting ADA compliance
  - Supervised two professional staff and one College-level unit
  - Administered state-appropriated funds of approximately \$12,000,000

- Director for University Honors (NIU):
  - Created and implemented new program requirements by collaborating with administrators, faculty, staff, students, alumni, and obtaining University approval
  - Established the Donald and Linda Shearer Endowed Honors STEM Scholarship
  - Developed and executed guaranteed admission agreements with graduate programs (e.g., MBA, Law, Engineering, etc.) for students in the University Honors Program
  - Initiated and expanded the Honors externship experience, which matches students with professionals in their anticipated field for a pre-internship
  - Facilitated NIU's first NSF Graduate Research Fellowship award winner (Sarah Shapley)
  - Redesigned the prestigious McKearn Fellows program to scaffold curricular and co-curricular experiences throughout students' three years of funding in the program
  - Transferred all student records and programmatic forms to online tracking systems
  - Partnered with businesses to provide discounts through the Honors Preferred Program
  - Chaired the University Scholarships Committee, which is tasked with selecting Presidential Scholars and Lincoln Laureate student recipients each year
  - Supervised five professional staff members
  - President of the Honors Council of the Illinois Region for 2016-2017
  - Managed state-appropriated funds/scholarship endowment of approximately \$1,250,000
  
- Association for Applied Sport Psychology; Board Member; Secretary-Treasurer (2016 – 2018)
  - Administered the strategic investment of \$50,000 of organizational monies into blended exchange-traded funds (ETF)
  - Solicited and reviewed request-for-proposals (RFPs) for management, publications, and sponsorship firms
  - Updated organizational financial policies for greater alignment with other executive board members' initiatives
  - Guided six professional members, who made up the AASP Finance Committee
  - Managed a yearly budget of approximately \$1,000,000
  
- Graduate Program Director (NIU):
  - Coordinated training of all teaching assistants in the department
  - Began and led departmental discussions toward an interdisciplinary Ph.D. program
  - Advised MS.Ed. students towards the fulfillment of program requirements
  - Reviewed all student applications for entry into the program
  - Directed 14 graduate faculty towards departmental goals in graduate education
  
- Kinesiology Program Director (NIU):
  - Redesigned the B.S. in Kinesiology degree through the development of 17 new courses and three distinct emphases for students
  - Collaborated with faculty/administrators in securing >\$250,000 in new equipment
  - Established the Kinesiology professional advisory committee
  - Worked with faculty to become identified as an Education Recognition Program® by the National Strength and Conditioning Association (NSCA)
  - Placed and evaluated all students for their senior internship experience
  - Guided students in the formation of (and was the inaugural faculty advisor for) the Exercise Science Club, which promotes health/fitness to the campus and community
  - Directed 11 Kinesiology faculty, staff, and instructors towards departmental goals

**PROFESSIONAL SERVICE**

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<b>University/Organization</b>	<b>Years</b>	<b>Committee</b>	<b>Title</b>
Northern Illinois University	2019 – present	College Senate	Member
Northern Illinois University	2016 – present	Student Athlete Wellness	Sport Performance Consultant
Northern Illinois University	2019	College Council	Ex-officio
National Collegiate Honors Council	2018 – 2020	Large Research University Committee	Member
Northern Illinois University	2016 – 2019	University Scholarships	Chair
Association for Applied Sport Psychology (AASP)	2016 – 2018	Executive Board	Secretary-Treasurer
Honors Council – Illinois	2016 – 2017	Executive Board	President
Northern Illinois University	2015 – 2016	University Council	Member
Northern Illinois University	2015 – 2016	Faculty Senate	Member
Northern Illinois University	2013 – 2015	Department Personnel	Member/Chair (2015)
Measurement in Physical Education & Exercise Science	2012 – 2015	Editorial Board	Psychology Section Editor
Northern Illinois University	2011 – 2012	College Curriculum	Member
Association for Applied Sport Psychology (AASP)	2008 – 2014	Finance	Member
Association for Applied Sport Psychology (AASP)	2007 – 2008	Executive Board	Student Representative

**REFEREED PUBLICATIONS (\*\*denotes student)**

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33. Guillén, F., Feltz, D. L., **Gilson, T. A.**, & Dithurbide, L. (2019). Psychometric properties of the Spanish version of the referee self-efficacy scale (REFS). *Journal of Sport Psychology, 28*, 15-24.
32. Chow, G. M., & **Gilson, T. A.** (2018). Inventories: Using objective measures. In J. Taylor (Ed.). *Assessment in sport psychology consulting* (pp. 83-99). Champaign, IL: Human Kinetics.
31. \*\*Mead, J., **Gilson, T. A.**, & Henning, M. B. (2017). An ethnographic person-centered study of leadership development in high school basketball team captains. *Journal for the Study of Sports and Athletes in Education, 11*, 216-241.
30. Lochbaum, M., Jean-Noel, J., \*\*Pinar, C., & **Gilson, T. A.** (2017). A meta-analytic review of Elliot's (1999) Hierarchical Model of Approach and Avoidance Motivation in the sport, physical activity, and physical education literature. *Journal of Sport and Health Science, 6*, 68-80.

29. **Gilson, T. A.**, \*\*Dix, M. A., & Lochbaum, M. (2017). 'Drive on:' The relationship between psychological variables and effective squad leadership. *Military Psychology*, 29, 58-67.
28. \*\*Mead, J., & **Gilson, T. A.** (2017). One high school basketball coach's self-study of leadership development. *Sport Coaching Review*, 6, 1-19.
27. Bellar, D., **Gilson, T. A.**, & Hannon, J. C. (2016). Entrepreneurial ideas for kinesiology departments: A process-based approach. *Kinesiology Review*, 5, 229-234.
26. Heller, E. A., **Gilson, T. A.**, Paule-Koba, A. L. (2016). "So, who's our new coach?": NCAA student athletes' perceptions after a head coaching change. *The Sport Journal*. Retrieved from: <http://thesportjournal.org/article/so-whos-our-new-coach-ncaa-student-athletes-perceptions-after-a-head-coaching-change/>
25. **Gilson, T. A.** (2015). Psychology of training football players: How to cultivate improved performance and success. *Strength and Conditioning Journal*, 37, 102-108.
24. **Gilson, T. A.**, & Deldin, A. (2015). Integrating a clinical exercise gerontology experience into a kinesiology curriculum: The why and how. *Kinesiology Review*, 4, 392-397.
23. **Gilson, T. A.** (2015). Sport psychology. In M. Dodds & J. Reese (Eds.). *Sports leadership: A concise reference guide* (pp. 226-230). Santa Barbara, CA: Mission Bell Media.
22. **Gilson, T. A.**, \*\*Latimer, M., & Lochbaum, M. (2015). Post-LDAC reflections of ROTC cadets: Relationship to leadership and performance. *Journal of Applied Sport Psychology*, 27, 235-248.
21. Jung, J., & **Gilson, T. A.** (2014). Online threaded discussion: benefits, issues, and strategies. *Kinesiology Review*, 3, 241-246.
20. **Gilson, T. A.**, & Jung, J. (2014). Delivering engaging content for online education: Key principles and solutions. *Kinesiology Review*, 3, 235-240.
19. **Gilson, T.A.** (2014). Social processing effects. In R. Eklund & G. Tenenbaum (Eds.). *Encyclopedia of sport and exercise psychology* (pp. 702-706). Thousand Oaks, CA: Sage Publications.
18. **Gilson, T. A.**, \*\*Heller, E. A., & Stults-Kolehmainen, M. A. (2013). The relationship between an effort goal and self-regulatory efficacy beliefs for Division I football players. *Journal of Strength and Conditioning Research*, 27, 2806-2815.
17. **Gilson, T. A.**, Paule-Koba, A. L., & \*\*Heller, E. A. (2013). The social-psychological implications of a coaching change at the collegiate level: Perceptions of athletes. *Journal of Intercollegiate Sport*, 6, 164-178.
16. Stults-Kolehmainen, M. A., **Gilson, T. A.**, & Abolt, C. (2013). Feelings of acceptance from and intimacy with teammates predict motivation in intercollegiate sport. *Journal of Sport Behavior*, 36, 306-331.
15. Clement, D., & **Gilson, T. A.** (2012). Helping athletic training students deal with stress. *International Journal of Athletic Training and Training*, 17, 20-23.

14. **Gilson, T. A.**, Chow, G. M., & Feltz, D. L. (2012). Self-efficacy and athletic squat performance: Positive or negative influences at the within and between levels of analysis? *Journal of Applied Social Psychology*, 42, 1467-1485.
13. **Gilson, T. A.**, & Feltz, D. L. (2012). Self-efficacy and motivation in physical activity and sport: Mediating processes and outcomes. In G. C. Roberts & D. C. Treasure (Eds.), *Advances in motivation in sport and exercise* (3<sup>rd</sup> ed.) (pp. 271-297). Human Kinetics: Champaign, IL.
12. **Gilson, T. A.**, Reyes, G. F., & Curnock, L. E. (2012). An examination of athletes' self-efficacy and strength training effort during an entire off-season. *Journal of Strength and Conditioning Research*, 26, 443-451.
11. Pitney, W. A., & **Gilson, T. A.** (2012). Using Google Scholar Citations to support the impact of scholarly work. *Athletic Training Education Journal*, 7, 117-120.
10. Feltz, D. L., Warners, A., **Gilson, T. A.**, & Santiago, O. J. (2011). Comparing alcohol use patterns of female student-athletes and their team captains in intercollegiate softball teams. *The Journal for the Study of Sports and Athletes in Education*, 5, 197-214.
9. **Gilson, T.A.** (2011). Tattoos as advertising. In L. E. Swayne & M. Dodds (Eds.). *Encyclopedia of sports management and marketing* (pp. 1530-1531). Thousand Oaks, CA: Sage Publications.
8. **Gilson, T. A.**, Lee, J. D., & Ewing, M. E. (2011). Assessing motivational climates when training for sport. *International Journal of Sport Psychology*, 42, 321-338.
7. Paule, A. L., & **Gilson, T. A.** (2011). Does athletic participation benefit or hinder academic performance? Non-revenue sport athlete experiences. *Journal of Contemporary Athletics*, 5, 203-217.
6. Sturm, J. E., Feltz, D. L., & **Gilson, T. A.**, (2011). A comparison of athlete and student identity for Division I and Division III athletes. *Journal of Sport Behavior*, 34, 295-306.
5. **Gilson, T. A.** (2010). Outcomes of confidence in sport training settings. *Strength and Conditioning Journal*, 32(5), 91-96.
4. Lee, J. D., **Gilson, T. A.**, & Yi, B. (2010). Cultural explications in a martial art, Taekwondo; collectivistic, power-centered, probabilistic, and masculine. *Taekwondo Journal of Kukkiwon*, 1, 87-105.
3. Paule, A. L., & **Gilson, T. A.** (2010). Current collegiate experiences of big-time, non-revenue, NCAA athletes. *Journal of Intercollegiate Athletics*, 3, 333-347.
2. **Gilson, T. A.**, Chow, G. M., & Ewing, M. E. (2008). Defining success in strength training using achievement goal orientations. *Journal of Sport Behavior*, 31, 220-236.
1. **Gilson, T. A.**, Chow, G. M., & Ewing, M. E. (2008). Using goal orientations to understand motivation in strength training. *Journal of Strength and Conditioning Research*, 22, 1169-1175.

## **MANUSCRIPTS SUBMITTED FOR PUBLICATION**

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3. Howell, S. M., **Gilson, T. A.**, Zvosec, C., & Baer, N. (2019). *Perceptions of graduate students with an athletic assistantship: The relationship between intrinsic motivation and abusive supervision*. Manuscript submitted for publication.
2. Raabe, J., Zakrajsek, R. A., Eckenrod, M. R., & **Gilson, T. A.** (2019). *The influence of social factors in U.S. Army ROTC: A qualitative exploration*. Manuscript submitted for publication.
1. Sur, M., Kim, S., Zittel, L., & **Gilson, T. A.** (2019). *Parental self-efficacy and practices in physical activity of young children*. Manuscript submitted for publication.

## **GRANT ACTIVITY**

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7. **Gilson, T. A.** (PI). *Personality characteristics of Army ROTC cadets*. NIU Research and Artistry Grant, \$8,500. Submitted 10/2012; Funded at 100%.
6. **Gilson, T. A.** (PI). *Socio-cultural affects on alcohol and drug use patterns of intercollegiate softball athletes*. NIU Research and Artistry Grant, \$6,100. Submitted 1/2011; Funded at 74%.
5. **Gilson, T. A.**, (PI) Chow, G. M., & Feltz, D. L. *Character building efficacy and resulting behavior*. The Character Project: New Frontiers in Psychology, Philosophy, and Theology Grant, \$50,000. Submitted 11/2010; Not funded.
4. **Gilson, T. A.** (PI). *Social aspects of sport: Multicultural transformation*. Committee on Multicultural Curriculum Transformation, \$1,000. Submitted 11/2010; Funded at 100%.
3. **Gilson, T. A.**, (PI) & Stults-Kolehmainen, M. A. *Self-regulatory efficacy and anxiety experienced by collegiate athletes when training for sport*. Association for Applied Sport Psychology Research Grant, \$1795. Submitted 3/2010; Not funded.
2. **Gilson, T. A.**, (PI) & Feltz, D. L. *Social cognitive variables in strength and conditioning*. Association for Applied Sport Psychology Research Grant, \$562. Submitted 2/2007; Funded at 100%.
1. **Gilson, T. A.** (PI). *Developing a motivational questionnaire for strength coaches*. Spencer Research and Training Grant, \$12,000. Submitted 3/2006; Funded at 100%.

## **REFEREED INTERNATIONAL/NATIONAL CONFERENCE PRESENTATIONS (\*\*denotes student)**

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45. **Gilson, T.A.**, & \*\*Pawlica, E. (2019, November). *"But I didn't know that was a requirement!" Creating a Student-Facing Database in Microsoft Office 365*. Presented at the National Collegiate Honors Council (NCHC), New Orleans, LA.
44. Raabe, J., Zakrajsek, R., \*\*Eckenro, M., \*\*Ryan, T., & **Gilson, T. A.** (2019, October). *The influence of social factors on U.S. Army ROTC cadets' basic psychological needs: A qualitative investigation*. Presented at the Association for Applied Sport Psychology (AASP), Portland, OR.
43. Heller, E. A., Tyndorf, D. M., & **Gilson, T. A.** (2019, October). *Validating the tenets of flow with academically gifted sport participants*. Presented at the Association for Applied Sport Psychology (AASP), Portland, OR.

42. **Gilson, T.A.**, Clement, D. & \*\*Pawlica, E. (2018, November). *I'm accepted... now what? Strategies to help students help themselves before entering honors*. Presented at the National Collegiate Honors Council (NCHC), Boston, MA.
41. Heller, E. A., & **Gilson, T. A.** (2018, October). *Nothing but net: Experiencing flow and goal orientations of academically gifted high school students on the basketball court*. Presented at the Association for Applied Sport Psychology (AASP), Toronto, ON.
40. Pierce S., Mead, J., Blanton, J. E., \*\*Ault, K. J., & **Gilson, T.A.** (2018, October). *Coaching the coaches: An approach for sport psychology practitioners to help coaches move from leadership identification to leadership development*. Presented at the Association for Applied Sport Psychology (AASP), Toronto, ON.
39. **Gilson, T.A.** (2018, October). *Sport psychology and personal finance: Mixing oil and water*. Presented at the Association for Applied Sport Psychology (AASP), Toronto, ON.
38. **Gilson, T.A.**, Howell, S. M., Schaeperkoetter, C. C., & Wahl-Alexander, Z. (2018, March). *Life on the court: Examining officials' perceptions of refereeing basketball*. Presented at the Society of Health and Physical Educators (SHAPE), Nashville, TN.
37. McEvoy, C. D., Howell, S. M., & **Gilson, T. A.** (2018, January). Professional development in kinesiology/exercise science programs. Presented at the American Kinesiology Association (AKA) Leadership Workshop, Denver, CO.
36. \*\*Reich, J., \*\*Stave, H., \*\*Shapland, R., \*\*Greene, L., & **Gilson, T. A.**, (2017, November). *Student-run leadership and student engagement: Serving on an honors council*. Presented at the National Collegiate Honors Council (NCHC), Atlanta, GA.
35. **Gilson, T. A.**, Bartels, K., Beavers, J., Chamberlain, J., & Bradley, P. (2017, November). *Year one: Drinking through a fire house*. Presented at the National Collegiate Honors Council (NCHC), Atlanta, GA.
34. \*\*Mead, J., & **Gilson, T. A.** (2017, October). *The development of role and identity in leadership for high school basketball captains*. Presented at the Association for Applied Sport Psychology (AASP), Orlando, FL.
33. **Gilson, T. A.**, \*\*Dix, M. A., & Lochbaum, M. (2016, September). *"Drive on:" The relationship between psychological variables and effective squad leadership*. Presented at the Association for Applied Sport Psychology (AASP), Phoenix, AZ.
32. \*\*Heller, E. A., & **Gilson, T. A.** (2016, September). *The effectiveness of teaching undergraduate sport psychology: A course portfolio project*. Presented at the Association for Applied Sport Psychology (AASP), Phoenix, AZ.
31. **Gilson, T. A.**, Howell, S. H., & \*\*Noll, M. (2016, April). *Abusive supervision in intercollegiate athletics administration: An examination of graduate assistants*. Presented at the College Sports Research Institute (CSRI), Columbia, SC.
30. \*\*Coleman, M., Kim, S-Y., Zittel, L., & **Gilson, T. A.** (2016, April). *Validation of the preschool parent confidence questionnaire*. Society of Health and Physical Educators (SHAPE) Convention and Expo, Minneapolis, MN.

29. **Gilson, T. A.** (2016, January). *Higher education in Illinois: Less money, fewer students, and institutional strategies*. Presented at the American Kinesiology Association (AKA) Leadership Workshop, San Antonio, TX.
28. **Gilson, T. A.**, \*\*Latimer, M., \*\*Dix, M. A., & Lochbaum, M. (2015, October). *Post-LDAC reflections of ROTC cadets and the relationship to leadership performance*. Presented at the Association for Applied Sport Psychology (AASP), Indianapolis, IN.
27. **Gilson, T. A.**, & \*\*Heller, E. A. (2015, October). *Pre-LDAC perceptions of ROTC cadets: Learning that 'the sky is green'*. Presented at the Association for Applied Sport Psychology (AASP), Indianapolis, IN.
26. Stults-Kolehmainen, M., **Gilson, T. A.**, \*\*Brotnow, L., Bartholomew, J., Ciccolo, J. & Sinha, R. (2015, June). *Conceptualizing and measuring the desire for energy expenditure and sedentary behavior: The CRAVE scale for movement and rest*. Presented at the North American Society for Sport and Physical Activity (NASPSPA), Portland, OR.
25. Howell, S. M., \*\*Pickett, B. R., **Gilson, T. A.**, Cormier, J., & Caughron, R. L. (2015, April). *Examining sense of community in collegiate club hockey*. Presented at the College Sports Research Institute (CSRI), Columbia, SC.
24. **Gilson, T. A.**, & Benner, D., Jr., (2015, January). *Preparing students for careers in gerontology: Infusing experiential learning with older adults into a kinesiology curriculum*. Presented at the American Kinesiology Association (AKA) Leadership Workshop, Charlotte, NC.
23. **Gilson, T. A.**, \*\*Heller, E. A., & Paule-Koba, A. L. (2014, October). *Collegiate athletes' perceptions of a coaching change: Using a psycho-social lens*. Presented at the Association for Applied Sport Psychology (AASP), Las Vegas, NV.
22. \*\*Heller, E. A., & **Gilson, T. A.** (2014, October). *Perfectionism and appearance anxiety in aesthetic sports: The impact on disordered eating among elite female athletes*. Presented at the Association for Applied Sport Psychology (AASP), Las Vegas, NV.
21. \*\*Martin, E., & Ewing, M. E., Oregon, E., & **Gilson, T. A.** (2014, October). *Sport experiences of Division I collegiate athletes and their perceptions of the importance of specialization*. Presented at the Association for Applied Sport Psychology (AASP), Las Vegas, NV.
20. **Gilson, T. A.** (2014, January). *Teaching sport and exercise psychology courses online: Versions 1.0 and 2.0*. Presented at the American Kinesiology Association (AKA) Leadership Workshop, San Jose, CA.
19. \*\*Curnock, L. E., \*\*Heisler, A., \*\*Camp, K., **Gilson, T. A.**, & Clement, D. (2013, October). *A qualitative case study: Investigation of coaching after a career-ending injury*. Presented at the Association for Applied Sport Psychology (AASP), New Orleans, LA.
18. **Gilson, T. A.**, & Clement, D. (2012, October). *Athletic training students and stress: An investigation of the influence of demographic factors*. Presented at the Association for Applied Sport Psychology (AASP), Atlanta, GA.
17. \*\*Heller, E. A., **Gilson, T. A.**, & Stults-Kolehmainen, M. A. (2012, October). *The relationship between an effort goal and football players' self-regulatory efficacy beliefs*. Presented at the Association for Applied Sport Psychology (AASP), Atlanta, GA.



16. Paule-Koba, A. L. & **Gilson, T. A.** (2012, January). *Does athletic participation benefit or hinder academic performance: Non-revenue sport athlete experiences*. Presented at the NCAA Scholarly Colloquium on College Sports, Indianapolis, IN.
15. \*\*Curnock, L., \*\*Heller, E. A., & **Gilson, T. A.** (2011, September). *Personality characteristics as identifiers of eating disorders in female lean sport athletes*. Presented at the Association for Applied Sport Psychology (AASP), Honolulu, HI.
14. **Gilson, T. A.**, Paule-Koba, A. L., & \*\*Heller, E. A. (2011, September). *Non-revenue collegiate athletes' perceptions of the recruitment process*. Presented at the Association for Applied Sport Psychology (AASP), Honolulu, HI.
13. Paule, A. L., **Gilson, T. A.**, & Schneider, R. (2011, June). *Coaches, collegiate athletes, and recruiting: An examination of Division I recruitment process*. Presented at the North American Society for Sport Management (NASSM), London, ON.
12. **Gilson, T. A.**, & Reyes, G. F. (2010, October). *Training for sport over an entire season: How self-efficacy affects effort perceptions of athletes and coaches*. Presented at the Association for Applied Sport Psychology (AASP), Providence, RI.
11. Lee, J. D., **Gilson, T. A.**, & Yi, B. (2009, November). *Cultural aspects of traditional masculinity in a martial art: Taekwondo*. Presented at the North American Society for the Sociology of Sport (NASSS), Ottawa, ON.
10. **Gilson, T. A.**, Lee, J. D., Ewing, M. E., & \*\*Dobrzaniecki, N. M. (2009, September). *Perceived motivational climates in strength and conditioning: Validity and reliability of a questionnaire for this unique setting*. Presented at the Association for Applied Sport Psychology (AASP), Salt Lake City, UT.
9. **Gilson, T. A.**, & Feltz, D. L. (2008, September). *Self-efficacy, value, and performance: A longitudinal test of athletes performing the power clean*. Presented at the Association for Applied Sport Psychology (AASP), St. Louis, MO.
8. \*\*Machida, M., Vealey, R. S. & **Gilson, T. A.** (2008, September). *Confidence and performance: Why multidimensionality and instability are important*. Presented at the Association for Applied Sport Psychology (AASP), St. Louis, MO.
7. **Gilson, T. A.**, & Feltz, D. L. (2008, June). *Social cognitive and control theory: A test of self-efficacy and performance in strength and conditioning*. Presented at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Niagara Falls, ON.
6. **Gilson, T. A.**, Lee, J. D., & Ewing, M. E. (2007, October). *Initial development of a questionnaire to measure perceived motivational climates in strength and conditioning*. Presented at the Association for Applied Sport Psychology (AASP), Louisville, KY.
5. Hedstrom, R. A., **Gilson, T. A.**, Laskey, B., & Ewing, M. E. (2007, October). *Systematic observation of practice behaviors of inexperienced head coaches: A season long analysis*. Presented at the Association for Applied Sport Psychology (AASP), Louisville, KY.
4. **Gilson, T. A.**, Chow, G., & Ewing, M. E. (2006, September). *The definitions of success for five achievement goal orientations in collegiate athletes who strength train*. Presented at the Association for the Advancement of Applied Sport Psychology (AAASP), Miami, FL.

3. Hedstrom, R. A., Laskey, B., **Gilson, T. A.**, & Ewing, M. E. (2006, September). *The developing coach: A season long investigation of efficacy, feedback, and practice behaviors*. Presented at the Association for the Advancement of Applied Sport Psychology (AAASP), Miami, FL.
2. Hedstrom, R. A., **Gilson, T. A.**, & Ewing, M. E. (2005, October). *The effect of coach-athlete interaction time on athletes' perceptions of the youth sport experience: Implications for coaching education*. Presented at the Association for the Advancement of Applied Sport Psychology (AAASP), Vancouver, BC.
1. Hedstrom, R. A., **Gilson, T. A.**, & Ewing, M. E. (2004, September). *Put me in coach!: The effect of athlete/coach interaction time and feedback on youth sport experience*. Presented at the Association for the Advancement of Applied Sport Psychology (AAASP), Minneapolis, MN.

### **PROFESSIONAL AFFILIATIONS**

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<b>Organization</b>	<b>Years</b>
Association of Applied Sport Psychology (AASP)	2004 – present
National Strength and Conditioning Association (NSCA)	2001 – present
National Collegiate Honors Council	2016 – 2020