# EDUCATION

Jennifer M. Jacobs, Ph. D.

Associate Professor, Sport Psychology Northern Illinois University [Jmjacobs@niu.edu](mailto:Jmjacobs@niu.edu)

**Ph.D. Educational Psychology**, Northern Illinois University 2012-2016

Specialization: Sport-based youth development Advisor: Paul Wright, Ph.D.

Dissertation: An analysis of the transfer of life skills through sport

**M.S. Kinesiology,** University of Wisconsin at Milwaukee 2009-2011

Specialization: Sport psychology, Sport sociology Advisor: Barbara Meyer, Ph.D.

**B.S. Kinesiology**, University of Illinois at Champaign-Urbana 2005-2009

Minors: Gerontology, Coaching endorsement certificate

# ACADEMIC APPOINTMENTS

**Northern Illinois University**, Department of Kinesiology and Physical Education

* Associate Professor 2021-present
* Assistant Professor 2017-2021
* Visiting Assistant Professor 2016-2017
* Graduate Instructor and Research Assistant 2012-2016

# SCHOLARLY ACTIVITY

## Research Interests

Sport-based youth development • Sport for social change • Sport for incarcerated youth • Social and emotional learning • Transfer of life skills • International sport for development

## Overview of Scholarly Activity

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| --- | --- | --- | --- |
|  | 1st author | Other | **Total** |
| Published Manuscripts | 16 | 20 | **36** |
| Published Book Chapters | 2 | 5 | **7** |
| Conference Presentations | 18 | 51 | **69** |

**Published Manuscripts**

1. **Jacobs, J.M.,** Bennett, G., & Wahl-Alexander, Z. (*accepted*). Counter Stories on the Meaning of Sport in the Lives of Black Youth who are Incarcerated. *The Sociology of Sport: Special Issue on A Critical Examination of Race and Antiracism in the Sport for Development Field: Reimagining and Recreating Spaces for True Racial Inclusion and Equity.*
2. Wahl-Alexander, Z., Anderson, J., & **Jacobs, J**. (in press). Exploring physical activity trends and lesson context of American incarcerated youth in a sport-leadership program. *Health Promotion International.*
3. Wahl-Alexander., Z., & **Jacobs, J.M**. (in press). Physical Activity and Social Behaviors of Incarcerated Youth Participating in a Sports-Leadership Program. *Journal of Correctional Health Care.*
4. **Jacobs, J.M.,** Wright, P.M., & Richards, K. (2022*).* Students’ perceptions of learning life skills through the teaching personal and social responsibility model: An exploratory study. Frontiers. Online. <https://doi.org/10.3389/fspor.2022.898738>
5. Kuipers, K., **Jacobs, J.M.,** Miossi, L., & Davis, J. (2022). Using social media to foster engagement and connection in sport psychology classrooms. J*ournal of Sport Psychology in Action, 13(*4), 272-281. <https://doi.org/10.1080/21520704.2022.2103221>
6. LeCrom, C., **Jacobs, J.M.** & Kuipers, K. *(*2022*).* Transformative learning abroad: The impacts of an international sport-focused trip on American girls. *The Journal of Sport for Development, 10(*2).
7. Wahl-Alexander., Z., & **Jacobs, J.M.** (2022). Physical activity trends among incarcerated youth during a sport-leadership program. *Family and Community Health, 45*(2), 108-114.
8. Wahl-Alexander, Z., **Jacobs, J.M.,** Kaeb, B.\* & Riley, K.,\* *(*2021*).* No gear? No problem! Fitness activities for students with limited equipment, access, and opportunity. *Journal of Physical Education, Recreation, and Tourism, 92*(6), 34-41.
9. **Jacobs, J.M., &** Wahl-Alexander, Z. (2021). Self-efficacy experiences of graduate students working in a sport-based leadership program at a youth prison. *Child Adolescence Social Work Journal*. <https://doi.org/10.1007/s10560-021-00772-x>
10. Henert, S., **Jacobs, J.M.** & Wahl-Alexander, Z. (2021) Let’s play! Exploring the impact of summer day camp participation on the physical and psychosocial experiences of diverse urban youth. *Child Adolescence Social Work Journal.*

[https://doi.org/10.1007/s10560-021-](https://doi.org/10.1007/s10560-021-00769-6)

[00769-6](https://doi.org/10.1007/s10560-021-00769-6)

1. **Jacobs, J.M..,** Kuipers, K.L., Richards, K. A. R., & Wright, P.M., (2020). Experiential learning of university students delivering a coaching workshop in Belize. *Sport Management Education Journal*. Advance online publication. 10.1123/smej.2019-0050.
2. **Jacobs, J. M**., & Templin, Thomas., (2020). The man behind the teaching personal and social responsibility model: A life history of Don Hellison. *Journal of Teaching in Physical Education*. Doi: 10.1123/jtpe.2019-0220.
3. Wright, P.M., **Jacobs, J.M.,** Howell, S.H., & McLaughlin, G. (2020)*.* Implementation and perceived benefits of an after-school soccer program designed to promote social and emotional learning: A multiple case study. *Journal of Amateur Sport, 6*(1) 125-145.
4. Richards, K.A.R., **Jacobs, J.M.,** Lawson, M, Ivy, V. (2020). Preservice teachers learning to teach using the TPSR pedagogical model. *Physical Education and Sport Pedagogy, 25*(2) 188-200.
5. Fuerniss, K.\* & **Jacobs, J.M.** *(*2019*).* A body empowerment boxing club for adolescent female youth. *Journal of Sport Psychology in Action.* 1-12. DOI: 10.1080/21520704.2019.1693456
6. **Jacobs, J.M.,** & Wright, P.M. (2019). Thinking about the transfer of life skills: Reflections from youth in a community-based sport programme in an underserved urban setting. *International Journal of Sport and Exercise Psychology.* 1-15. *DOI: 10.1080/1612197X.2019.1655776*
7. **Jacobs, J. M.,** Wahl-Alexander, Z., & Mack, T.\* (2019). Strategies for gaining access to deliver sport programs with highly vulnerable youth. *Journal of Youth Development, 14,* 155-164.
8. **Jacobs, J.M**., Richards, K.A.R., Wahl-Alexander, Z., & Ressler, J.R. (2019). Helping preservice teachers learn to negotiate sociopolitical relationships through a physical education teacher education outdoor education experience. *Journal of Teaching in Physical Education, 38(4),* 296-304.
9. Wright, P., Richards, K., **Jacobs, J.M,** & Hemphill, M. (2019). Initial validation of a questionnaire measuring perceived the Transfer of Responsibility. *Journal of Teaching in Physical Education, 38*, 316-327.
10. Wahl-Alexander, Z., **Jacobs, J. M.,** & Mack, T.\* (2019). Lessons learned from the field: Teaching in high-risk physical education environments. *Journal of Physical Education, Recreation, and Dance, 90*(5), 8-15.
11. Wright, P.M., **Jacobs, J.M.,** Howell, S., & Ressler, J.R. (2018*).* Immediate outcomes and implementation a sport for development coach education programme in Belize. *Journal of Sport for Development: Special Issue on Latin American Contexts, 6*(10), 51-65.
12. Richards, K.A.R., **Jacobs, J.M**., Wahl-Alexander, Z., & Ressler, J.R. (2018). Preservice physical education teacher socialization through an outdoor education field experience. *Journal of Adventure Education and Outdoor Learning, 18*(4), 367-381.
13. **Jacobs, J.M.,** Richards, K.A.R., Shiver, V., & Lawson, M. (2017). The role of family and school culture congruence in transfer from sport-based youth development programs in afterschool contexts. *Journal of Amateur Sport: Special Issue on Family Issues in Amateur Athletics 3*(3), 20-43.
14. **Jacobs, J.M.,** & Wright, P.M. (2017). Transfer of life skills in sport-based youth development programs: A conceptual framework bridging learning to application. *Quest, 70*(1), 81-99*.*
15. Ivy, T. S.\* & **Jacobs, J.M.** (2017). Developing personal and social responsibility: Committing time to reflection. *Strategies: A Journal for Physical and Sport Educators, 30*(5)*,* 45-47.
16. **Jacobs, J.M.** (2016)*.* Strategies for using summer camps as a platform for teaching personal and social responsibility to youth. *Australian Council for Health, Physical Education and Recreation: Active and Healthy Magazine, 23*(2/3), 38-42.
17. Wright, P.M., **Jacobs, J.M.,** Ressler, J.R., & Jung, J. (2016). Teaching for transformative educational experience in a sport for development program. *Sport, Education, and Society, 21*(4), 531-548.
18. Cabrera, L.\* & **Jacobs, J.M.** (Sept. 2016). Using parkour for teaching personal and social responsibility: Implications for practitioners. *Journal of Physical Education, Recreation, and Dance: Teaching Tips, 87*(8), 56-58. DOI: 10.1080/07303084.2016.1217127
19. **Jacobs, J.M**., Castaneda, A., & Castaneda, R. (May 2016). Sport-based Youth and Community Development: Beyond the Ball in Chicago. *Journal of Physical Education, Recreation, and Dance, 87*(5), 18-22. DOI:10.1080/07303084.2016.1157386
20. Gordon, B., **Jacobs, J.M.,** & Wright, P. (Jan 2016) Social and emotional learning through a teaching personal and social responsibility-based after school program for disengaged middle school boys. *Journal of Teaching in Physical Education. 35*(4), 358-369.
21. **Jacobs, J.M.** & Wright, P.M. (Jan 2016). An alternative application of imagery in youth sport: Promoting the transfer of life skills to other contexts. *Journal of Sport Psychology in Action, 7*(1), 1-10. doi.org/10.1080/21520704.2015.1123205
22. Santillan, Y.\*, **Jacobs, J.M.,** & Wright, P.M. (2015). Integrating best practices in ELL classrooms with quality physical education. *Journal of Physical Education, Recreation, and Dance: Teaching Tips. 86(3),* 51-53*.*
23. **Jacobs, J.M.,** Condon, B., & Wright, P.M. (2014). Project Leadership: Creating a partnership for serving marginalized youth through an afterschool sport program. *Professional Development Schools Partners 10(1), 15-11.*
24. **Jacobs, J.M.** & Wright, P.M. (2014). Social and emotional learning policies and physical education*, Strategies: A Journal for Physical and Sport Educators, 27 (6), 42-44.*
25. **Jacobs, J.M.** & Wright, P.M. (2014). Fitness games that promote personal and Social Responsibility: Implications for practitioners. *Journal of Physical Education, Recreation, and Dance: Teaching Tips, 25(*8), 44-45*.*
26. Hatch, S.J., **MacKenzie, J.L.**, Massey, W.V., & Meyer, B.B. (2010, October). The unique demands of famous athletes: Implications for novice sport psychology professionals. *AASP: Performance Excellence Movement Newsletter,* 2-4.

*\*Denotes student-directed work in a faculty advisory role*

## Published Book Chapters

1. Flory, S. B & **Jacobs, J.M**. *(in press).* Qualitative interview approaches and strategies. In K. A. Richards, M. Hemphill, and P. Wright’s *Qualitative Research and Evaluation in Physical Activity and Physical Education.*
2. **Jacobs, J.M.,** McDonough, K., & Wahl-Alexander, Z. *(in press)*. A data-based approach to designing a sport life skills program for incarcerated youth. In H. Morgan and A. Parker: *Sport, Physical Activity, and Criminal Justice: Politics, Policy, and Practice.*
3. **Jacobs, J.M.,** Kuipers, K.\*, Wahl-Alexander, Z., & Richards, A. L., (*2021)*. *Case Examples of Promising Practice in Outside School Settings.* In P.M. Wright & K. Andrew R. Richards (Eds.) *Social and Emotional Learning in Physical Education* (pp. 264-286). Jones and Bartlett Publishers.
4. Shiver, V. N. & **Jacobs, J.M.** (2020). Preparing Adult Leaders to Work within Sport-Based Youth Development Settings. In Martinnen, R. H. J. & Centeio, E. E. (Eds.). Before and after-school physical activity programs. New York, NY: Routledge Publishing.
5. Wright, P. M. & **Jacobs, J.M.** (2018). Quality and Equity in Education. In J. Amis and P. M. Wright (Ed.s). *Race, economics, and the politics of educational change: the dynamics of school district consolidation in Shelby County, Tennessee*. 213-242. Knoxville, TN: University of Tennessee Press.
6. Wright, P. M., **Jacobs, J.M.,** Ressler, J. & Howell, S. (2017). The Belizean Youth Sport Coalition. In C. Esherick (Ed.), *Case Studies in Sport Diplomacy*. Morgantown, WV: Fitness Information Technology.
7. **MacKenzie, J.L.** & Massey, W.V. (2011). Experiences in applied sport and exercise psychology. In *AASP:* Internship and Practicum Experience Database Manual: A Student’s Guide to Applied Experience in Sport and Exercise Psychology, 4-7.

## Works in Progress

1. Richards, K., Shiver, T., Kuipers, K., & **Jacobs, J.M.,** *(under review).* Developing out-of- school, community-based physical activity programs for youth from communities affected by poverty. Submitted September 2022.
2. Bennett, G.\*, Wahl-Alexander, Z., & **Jacobs, J.M.** *(under review).* Strategies for building strong adult-youth relationships in correctional facilities. *Journal of Correctional Health.* Submitted August 2022.
3. Wahl-Alexander, Z., Webb, I., **Jacobs, J.M.,** & Wozniak, H., (*under review).* Evaluating the efficacy of behavior modification strategies on physical activity levels of incarcerated youth.
4. Wright, P.M., Howell, S.H., **Jacobs, J.M.,** Yavitz, J. & Mangino, M., (*under review).* Parent, coach, and player feedback on the implementation and short-term impact of an urban community-based soccer program. Submitted June 2020.

*\*Denotes student-directed work in a faculty advisory role*

## Reports, Other Print

1. Davis, J.\*, Bennett, G.\*, & **Jacobs, J.M.,** (August, 2021). “Tips for Teaching Life Skills to Highly Vulnerable Youth” Sport and Development Newsletter Special Issue: International Youth Day 2021. [https://www.sportanddev.org/en/article/news/tips-teaching-life-skills-](https://www.sportanddev.org/en/article/news/tips-teaching-life-skills-highly-vulnerable-youth) [highly-vulnerable-youth](https://www.sportanddev.org/en/article/news/tips-teaching-life-skills-highly-vulnerable-youth)
2. Wozniak, H.\*, & **Jacobs, J.M.,** (August, 2021). “Let’s Hit It: Teaching Boxing to Incarcerated Young Women.” Sport and Development Newsletter Special Issue: International Youth Day 2021. [https://www.sportanddev.org/fr/article/news/lets-hit-it-](https://www.sportanddev.org/fr/article/news/lets-hit-it-boxing-empower-incarcerated-women) [boxing-empower-incarcerated-women](https://www.sportanddev.org/fr/article/news/lets-hit-it-boxing-empower-incarcerated-women)
3. Lee, B.\*, **Jacobs, J.M.,** Cattouse, C., (May, 2020). “Repurposing Sport for Community” Sport and Development Newsletter Special Issue: The Future of Sport in COVID-19 Times. <https://www.sportanddev.org/en/article/news/repurposing-sport-community-belize>
4. **Jacobs, J.M.,** Fuerniss, K., & Wright, P.M. (June, 2019). Teaching Personal and Social Responsibility Model: Comprehensive Annotated Bibliography. DeKalb, IL: Northern Illinois University, Physical Activity and Life Skills Group.
5. **Jacobs, J.M.** & Wright, P.M. (April, 2016). The Belizean Youth Sport Coalition Training Manual. Northern Illinois University, Physical Activity and Life Skills Group.
6. Cabrera, L., Wright, P.M., & **Jacobs, J.M.** (October, 2015). Camp Power Up Final Evaluation Report. DeKalb, IL: Northern Illinois University, Physical Activity and Life Skills Group.

## Professional Presentations:

1. Bennett, G.\*, McDonough, K., **Jacobs, J.M.,** & Wahl-Alexander, Z. (2022). A Scoping systematic review of sport in correctional settings. *North American Society for the Sociology of Sport*. Nov 9-12th. Las Vegas, Nevada.
2. Green, M.\*, Caldwell, S.\*, Bennett, G.\*, **Jacobs, J.M.,** & Wahl-Alexander, Z. (2022). “I felt like a regular person for the first time:” Incarcerated youths’ experiences of a one-day college campus retreat through a sport leadership program. *North American Society for the Sociology of Sport*. Nov 9-12th. Las Vegas, Nevada.
3. Wozniak, H.\*, Bennett, G.\*, **Jacobs, J.M.,** & Wahl-Alexander, Z. (2022). Initiating sport for development programs with incarcerated male youth: Lessons learned from three female instructors. *North American Society for the Sociology of Sport*. Nov 9-12th. Las Vegas, Nevada.
4. Mahoney, T.\*, Mwachullah, J.\*, **Jacobs, J.M.,** & Wahl-Alexander, Z. (2022). Slam dunks, step counts, and social responsibility : A basketball leadership program for incarcerated male youth. *North American Society for the Sociology of Sport*. Nov 9-12th. Las Vegas, Nevada.
5. Webb., I.\*, Young, K.\*, **Jacobs, J.M**., & Wahl-Alexander, Z. (2022). Engaging black youth who are incarcerated in mindfulness exercises through sport***.*** *North American Society for the Sociology of Sport*. Nov 9-12th. Las Vegas, Nevada.
6. Mack, T.\*, Davis, J.\*, **Jacobs, J.M**., & Wahl-Alexander, Z. (2022). Capturing meaningful data in youth prisons: Instructor Voice Memos within a Sport-based Leadership Program. *North American Society for the Sociology of Sport*. Nov 9-12th. Las Vegas, Nevada.
7. **Jacobs, J.M.,** Bennett, G\*., Wahl-Alexander, Z., & Mahoney T\*. (2022). Playing with a purpose: The meaning of sport among black youth who are incarcerated, *North American Society for the Sociology of Sport*. April 20-24th. Montreal, Canada.
8. Anderson, J.,\* Wahl-Alexander, Z., & **Jacobs, J.M.** (2022). Physical Activity Trends of Incarcerated Youth in a Sport-Leadership Program, *SHAPE American National Convention*. April 26-30. New Orleans, LA.
9. Kuipers, K.\*, **Jacobs, J.M.,** & Shiver, T. (2022). A self-study on the teaching personal and social responsibility model in a sport and exercise psychology university course. April 20- 24th. *North American Society for the Sociology of Sport*, Montreal, Canada.
10. Barton, K.\*, **Jacobs, J.M.,** Mahoney, T.\*, & Wahl-Alexander, Z., (2022). FLEXing your coaching style: Coaching styles within youth sport prison programs. *North American Society for the Sociology of Sport*. April 20-24th. Montreal, Canada.
11. Wozniak,\* H., **Jacobs, J.M.,** Wahl-Alexander, Z., (2022). A sport-based youth development boxing program for incarcerated female youth. *North American Society for the Sociology of Sport.* April 20-24th. Montreal, Canada.
12. Wozniak\*, H., **Jacobs, J.M.,** Wahl-Alexander, Z., (2022). Strategies for induction into a sport-based leadership program for incarcerated females. *Midwest Sport and Exercise Psychology Symposium.* February 24-25. East Lansing, Michigan.
13. Mahoney, T.\*, Barton, K.\*, Henert, S., & Jacobs, J., (2022). Concussion screening proposal.

*Midwest Sport and Exercise Psychology Symposium*. February 24-25. East Lansing, Michigan.

1. Bennett, G\*., **Jacobs, J.M.,** & Wahl-Alexander, Z.(2022). Black youths’ stories around sport through critical race theory. *Midwest Sport and Exercise Psychology Symposium*. February 24-25. East Lansing, Michigan.
2. **Jacobs, J.M.,** & Wahl-Alexander, Z. (2021). Initiating a SBYD Program within a Prison: Development and Mutuality. Symposium at the *American Society of Criminology Conference,* Nov 17-21, Chicago, Illinois.
3. Bennett, G., Mack, T., **Jacobs, J.M.,** & Wahl-Alexander, Z. (2021). Juvenile justice reimagined: Teaching social skills for incarcerated black youth through a college campus experience. *American Society of Criminology Conference,* Nov 17-21, Chicago, Illinois.
4. Webb, I., Davis, J., Wozniak, H., **Jacobs, J.M.,** & Wahl-Alexander, Z. (2021). Barriers and facilitators of teaching life skills to incarcerated youth through a sport-based prison program. *American Society of Criminology Conference,* Nov 17-21, Chicago, Illinois.
5. Henert, S., **Jacobs, J.M.** & Wahl-Alexander, Z. (2021). Let’s play! Exploring the impact of summer day camp participation on the physical and psychosocial experiences of diverse urban youth *Association of Applied Sport Psychology Annual Conference*, Oct 6-9, Las Vegas, Nevada.
6. Barton, K.C.\*, Henert, S., & **Jacobs, J**., (2021). The influence of a dual-mentorship approach on a CMPC candidate's experience: A self-study. *Association of Applied Sport Psychology Annual Conference*, Oct 6-9, Las Vegas, Nevada.
7. Kuipers, K.L.,\* Lee, B.,\* & **Jacobs, J.M.** (2021) She believes in Belize”: The lived experiences of Belizean women in sport. AASP Diversity in Sport Regional Conference, April 16th-17th. *Held virtually due to COVID-19 pandemic.*
8. Wright, P.M., Howell, S., **Jacobs, J.M.,** & Yavitz, J. (2021) Satisfaction and perceived benefits for youth participating in an MLS-sponsored urban community-based soccer program: A formative evaluation integrating coach, player, and parent perspectives. NASSM:

North American Society of Sport Management. June 2-5th. *Held virtually due to COVID-19 pandemic.*

1. Wahl-Alexander, Z., & **Jacobs J.M.** (2021, April). Project FLEX: A Physical Activity Program for Incarcerated Youth. SHAPE American National Convention, Baltimore, MD. *Held virtually due to COVID-19 pandemic.*
2. Kuipers, K. F.\*, & **Jacobs, J.M.** (2021, March). Connected and reflective: The use of social media in an online sport and exercise psychology classroom. University of Illinois at Urbana- Champaign’s 12th Annual College of Education Graduate Student Conference. *Held virtually due to COVID-19 pandemic.*
3. Wright, P.M., Howell, S.M., **Jacobs, J.M.,** Ressler, J.D., & Otto, M. (2021, February). Assessment of outcomes and implementation of a sport for development coach education program in Sri Lanka. Applied Sport Management Association Conference. *Held virtually due to COVID-19 pandemic.*
4. LeCrom, C., **Jacobs, J.M.,** & Kuipers, K.F. (2020, November). Transformative experiences abroad: The impacts of an international sport-focused trip on American girls. Sport Management Association of Australia and New Zealand. *Held virtually due to COVID-19 pandemic.*
5. Wahl, Z.W., **Jacobs, J.M.,** Riley, K.,\* & Kaeb, B.\* (2020) Meeting the needs of our forgotten youth: A holistic implementation of a physical activity leadership program for incarcerated teenage males. American Public Health Association, San Franscisco, Oct 19-23.

\**Withdrawn due to Covid-19*

1. R. Richards, K., Lawson, M. A., **Jacobs, J.** & Shiver, V. (2020) Preservice teachers' perspectives and experiences learning the Teaching Personal and Social Responsibility Model. American Educational Research Association Annual Meeting. April 17-21, San Francisco, CA. *\*Cancelled due to Covid-19*
2. Dorsch, T.E., Blazo, J., Mellano, K., Hardiman, A. & **Jacobs, J.M.** (2020). Toward an integrated understanding of the youth sport system: Examining the persons and contexts that surround young athletes in sport. North American Society for the Psychology of Sport and Physical Activity, June 12-15, Vancouver, British Columbia. *\*Cancelled due to Covid-19*
3. Wright, P.M., Howell, S., **Jacobs, J.M.,** & Yavitz, J. (2020). Parent assessment of an urban, after-school, youth soccer program sponsored by a Major League Soccer (MLS) organization: A case study exploration. NASSM: North American Society of Sport Management. May 27-30, San Diego, California. \**Cancelled due to Covid-19*
4. Wahl-Alexander, Z., **Jacobs, J.** & Mack, T.\* (2020). Body mass index and fitness markers of incarcerated minority youth*,* SHAPE American National Convention, Salt Lake City, UT.

\**Cancelled due to Covid-19*

1. **Jacobs, J.M**. & Wahl-Alexander, Z. (2019). Performing Under Extreme Pressure: A Case Study of a Coach Leading a Sport-Based Leadership Program Inside a Medium-Security Juvenile Detention Center. Association of Applied Sport Psychology Conference, Oct. 23- 26, Portland, Oregon.
2. Fuerniss, K.\*, & **Jacobs, J.M.** (2019). Body Image Stories: Perspectives of Middle School Girls in a Boxing Program. Association of Applied Sport Psychology Conference, Oct. 23- 26, Portland, Oregon.
3. Henert, S., Wahl-Alexander, Z., Zurbrugg, A.\*, & **Jacobs, J.M.** (2019). Exercise Self-efficacy ratings among college students enrolled in a sport education fitness class versus a traditional fitness class. Association of Applied Sport Psychology Conference, Oct. 23-26, Portland, Oregon.
4. Wahl-Alexander, Z., **Jacobs, J.M**, & Mack, T.\* (2019). Implementation of Project FLEX: Sport-based leadership program for incarcerated youth. Engaged Scholarship Consortium. Denver, Colorado. Oct. 8-9.
5. Fuerniss, K.\*, & **Jacobs, J.M** (2019). Alternative Spring BAE: Equipping University Students and Empowering Local Leaders. Engaged Scholarship Consortium. Denver, Colorado. Oct. 8-9.
6. Wright, P., **Jacobs, J.M**, Richards, K., & Hemphill, M. (2019). Social and emotional learning through physical activity: Applications in physical education and youth sport. Collaborative on Academic Social and Emotional Learning. Chicago, Illinois. Oct. 2-3rd.
7. Wright, P.M., Howell, S., **Jacobs, J.M.,** & Yavitz, J. (2019). Increases in personal and social responsibility in the classroom setting appear to be fostered by participation in an after- school sport-based youth development program. AISEP: International Association for Physical Education in Higher Education. New York, New York. June 19-22
8. Wright, P.M., **Jacobs, J.M.,** Howell, S., McLaughlin, G. & Yavitz, J. (2019). A case study examination of student perceived benefits of an urban, after-school, youth soccer program sponsored by a Major League Soccer (MLS) organization. NASSM: North American Society of Sport Management. New Orleans, Louisiana. May 29th – June 1st.
9. Wright, P.M., **Jacobs, J.M.,** Howell, S., McLaughlin, G. & Yavitz, J. (2019). A qualitative examination of teacher/coach assessment of an urban, after-school, youth soccer program sponsored by a Major League Soccer (MLS) organization. NASSM: North American Society of Sport Management. New Orleans, Louisiana. May 29th – June 1st.
10. Fuerniss, K.,\* Lee, B.\*, Baumert, E.\*, & **Jacobs, J.M.** (2019). #globalmindedness: Instagram as a Reflective Tool for College Students in a Cross-Cultural Sport for Development Program. Northern Illinois College of Education Research Symposium, April 28th, Dekalb, IL.
11. Baumert, E.\*, & **Jacobs, J.M.** (2019). The Psychology Impact of Implementing Sport Psychology Techniques in a CrossFit Setting. Northern Illinois College of Education Research Symposium, April 28th, Dekalb, IL.
12. Wahl-Alexander, Z., **Jacobs, J.M.,** & Richards, K.A.R. (2019). Fading supervision: A tiered approach to learning to teach sport education. Society of Health and Physical Educators (SHAPE) America Conference, Tampa, FL, USA, April 9th-13th.
13. Fuerniss, K.,\* & **Jacobs, J.M.** (2019). “Passing the torch”: Empowering coaches and youth through a girls boxing program**.** Social Justice Through Sport and Exercise Psychology Conference, Hillsboro**,** Oregon**,** March 28th**-**30th.
14. **Jacobs, J.M.,** Wahl-Alexander, Z., & Mack, T.\*, (2019). Gaining access to youth in highly vulnerable environments. Social Justice Through Sport and Exercise Psychology Conference, Hillsboro**,** Oregon**,** March 28th**-**30th.
15. **Jacobs, J.M.,** Wahl-Alexander, Z., & Mack, T.\*, (2019). Relationship-building behind bars: Lessons learned by a female faculty member overseeing a sport leadership program for incarcerated male youth. Social Justice Through Sport and Exercise Psychology Conference, Hillsboro**,** Oregon**,** March 28th**-**30th.
16. Ressler, J., **Jacobs, J.M.,** Kim, S., Koehling, G., Parker, J., Wahl-Alexander, Z., & Zittel, L. (2018). Results of design, diversity, and partnership. Physical Education Teaching Education Conference. Salt Lake City, UT, USA. October 17th – 20th.
17. **Jacobs, J.M.** & Fuerniss, K.\* (2018). She Hits Hard: Exploring the Impact of a Female Boxing Program on Body Empowerment. The Association for Applied Sport Psychology Conference, Toronto, Canada, October 3rd – 6th.
18. Fuerniss, K.\*, & **Jacobs, J.M.** (2018). From Gloves to Life: Fostering Positive Body Image through a Girls Boxing Program. The Association for Applied Sport Psychology Conference, Toronto, Canada, October 3rd – 6th.
19. **Jacobs, J.M.** (2018). Current trends in the transfer of life skills. Teaching Personal and Social Responsibility Conference, Greensboro, NC, USA, June 6th – June 9th.
20. Wright, P.M., **Jacobs, J.M.,** Howell, S., & Ressler, J.R. (2018). Sport for Development and Peace: From Policy to Practice. Center for Peace and Transcultural Communication Conference, DeKalb, IL, USA, April 19th.
21. Brinkman, H\*., & **Jacobs, J.M.** (2018). Exploring the Motivations for College Students' Exercise Habits at a University Recreation Center. Northern Illinois University Undergraduate Research and Artistry Day, DeKalb, IL, USA, April 18th.
22. Ressler, J.R., Howell, S., **Jacobs, J.M., &** Wright, P.M. (2018). Coaching Sport in Belize: Stories That Frame Sport for Development. North American Society for Sport Management, Halifax, Nova Scotia, Canada, June 5th – June 9th.
23. Richards, K.A.R., **Jacobs, J.M**., Wahl-Alexander, Z., & Ressler, J.R. (2018). Preservice Physical Education Teacher Socialization through an Outdoor Education Field Experience. Society of Health and Physical Educators (SHAPE) America Conference, Nashville, TN, USA, March 20th – 24th.
24. Wright, P., Richards, K., **Jacobs, J.M,** & Hemphill, M. (2018). The validation of the Transfer of Responsibility Based Questionnaire (TORQ). Society of Health and Physical Educators (SHAPE) America Conference, Nashville, TN, USA, March 20th – 24th.
25. Wright, P.M., Cabrera, L., Howell, S., **Jacobs, J.M.,** & Ressler, J. (2017). Impact of a TPSR coach education program on participants’ self-efficacy beliefs related to teaching personal and social skills. International Society of Sport Psychology, Sevilla, Spain, July 10th – July 14th.
26. **Jacobs, J.M.** (2017). Strategies for post-graduation success among students studying the Teaching Personal and Social Responsibility Model. Teaching Personal and Social Responsibility Conference, Manhattan, NY, USA, June 28th – July 1st.
27. **Jacobs, J.M.**, Wright, P.M., & Richards, K.A.R.R. (2017). A survey of students’ perceptions of learning life skills in physical education. American Educational Research Conference (AERA), San Antonio, TX USA, April 27th-May 1st.
28. **Jacobs, J.M.** (2016). Youth perceptions of the transfer of life skills in a sport-based youth development program*.* Association for Applied Sport Psychology National Conference, Phoenix, AZ, September 28th-October 1st.
29. **Jacobs, J.M.,** Wright, P.M., Ressler, J.R., & Jung, J, & (2016). Coaches learning outcomes in a Belizean sport for development program. Society of Health and Physical Educators (SHAPE) America Conference, Minneapolis, MN, USA, April 5th-9th.
30. **Jacobs, J.M.** (2015). A field-based assessment of sport for development: Camp Play-A-Lot. Association for Research on Nonprofit Organizations and Voluntary Action, Chicago, IL, November 19th-21st.
31. **Jacobs, J.M.,** Gordon, B. & Wright, P.M. (2015). Fostering social and emotional learning through youth sport programming. FEPSAC: 14th European Congress of Sport Psychology, Bern, Switzerland, July 14th-19th.
32. **Jacobs, J.M.** (2015). Teaching personal and social responsibility at summer camps. Teaching Personal and Social Responsibility Conference, Chicago, IL, USA, June 24-27.
33. **Jacobs, J.M.,** Jung, J, & Wright, P.M. (2015). The Belizean Sport Youth Coalition: What We’ve Learned from Year 1! Society of Health and Physical Educators (SHAPE) America Conference, Seattle, WA, USA, March 16-20.
34. **Jacobs, J.M.,** & Wright, P.M. (2014). The Belizean Sport Youth Coalition: Implications for

researchers and practitioners. Teaching Personal and Social Responsibility Conference, Chicago, IL, USA, June 25-28.

1. **Jacobs, J.M.,** & Wright, P.M. (2014). Policy level support for sport-based responsibility programs. American Alliance for Health, Physical Education, Recreation, and Dance Conference, St. Louis, MO, USA, April 1-5.
2. **Jacobs, J.M.,** Condon, B, & Wright, P.M. (2014). Project Leadership: Creating a partnership for serving marginalized youth in a middle school. Professional Development Schools National Conference, Las Vegas, NV, USA, March 27-30.
3. Wright, P.M., **MacKenzie, J.L.,** & Santillan, Y. (2013). Youth fit for leadership: Experiences in implementing an afterschool program for at-risk adolescents. Teaching Personal and Social Responsibility Conference, Chicago, IL, USA, June 12-15.
4. Massey, W.V., Hatch, S.J., **MacKenzie, J.L.,** & Meyer, B.B. (2010). The transtheoretical model and psychological skills training in high school athletes. Annual meeting of the Association of Applied Sport Psychology, Providence, RI, USA, October 27-30.
5. Hatch, S.J., **MacKenzie, J.L.,** Massey, V.W. & Meyer, B.B. (2010). Emotional intelligence and sport performance: A unified approach to understanding theory, measurement and application. Presentation at the University of Wisconsin-Milwaukee, Milwaukee, Wisconsin.

*\*Denotes student-directed work in a faculty advisory role*

# GRANT FUNDING

## Funding Overview

|  |  |  |
| --- | --- | --- |
| Requested | Received | Under review |
| $4,253,899 | $901,099 | $0 |

**Grant Activity**

Funded **Jacobs, J.M.,** & Howell, S. (2022). Vijana Umoja Pamoja: A boxing and football international exchange project in Tanzania. U.S. Department of State Sports United Grant: ENVEST: Subawardee. ($110,000).

*Role: Co-PI*

Funded **Jacobs, J.M.** & Wahl-Alexander, Z. (2022-2023). Project FLEX: a Sport Leadership and College Readiness Program for Incarcerated Youth. Illinois Department of Juvenile Justice ($180,000).

*Role: Co-PI*

Unfunded **Jacobs, J.M.,** Hemphill, M. & Wahl-Alexander, Z. (2022). Conflict Resolution Uplifting Youth through Sport. Association for Conflict Resolution ($60,000). *Role: Co-PI*

Funded **Jacobs, J.M.** & Wahl-Alexander, Z. (2022). The Growing Need for Sport as Rehabilitative Tool for Incarcerated Youth: Expansion of Project FLEX to 3rd Prison Site. NIU Great Journeys Assistantship Program ($16,387).

*Role: Co-PI*

Funded **Jacobs, J.M.** & Wahl-Alexander, Z. (2021-2022). Project FLEX: a Sport Leadership and College Readiness Program for Incarcerated Youth. Illinois Department of Juvenile Justice ($60,000).

*Role: Co-PI*

Funded Wahl-Alexander, Z. & **Jacobs, J.M.** (2021). Developing Conflict Resolution Uplifting Youth Through Sport (CRUYS). NIU Great Journeys Assistantship Program ($16,387).

*Role: Co-PI*

Unfunded **Jacobs, J.M.,** Hemphill, M. & Wahl-Alexander, Z. (2021). Conflict Resolution Uplifting Youth through Sport. Association for Conflict Resolution ($60,000). *Role: Co-PI*

Funded **Jacobs, J.M.** & Wahl-Alexander, Z. (2020-2021). A Comprehensive Sport Leadership and College Readiness Program for Incarcerated Youth. Illinois Department of Juvenile Justice ($45,000).

*Role: Co-PI*

Unfunded Wright, P.M., & **Jacobs, J.M.** (2020). Project PASS: A regional initiative to increase positive development, advocacy, and social change through sport. US Department of State, Bureau of Educational and Cultural Affairs SportsUnited Grant ($550,000).

*Role: Co-PI*

Funded **Jacobs, J.M.,** & Wahl-Alexander, Z (2020). Locked In, Not Locked Up: A Targeted Intervention to Increase College Readiness of Incarcerated Youth. NIU Great Journeys Assistantship Program ($13,500).

*Role: Co-PI*

Unfunded **Jacobs, J.M.,** & Wahl-Alexander, Z. (2019). FLEX Fitness Club: Changes in Health- related Fitness in Incarcerated Youth Following a Personalized Fitness Program.

NIU Research and Artistry. ($15,000).

*Role: Co-PI*

Funded **Jacobs, J.M.** (2019). Let Her Play: The First Belizean Women’s National Sports Summit. Northern Illinois University Student Engagement Fund. ($2,500).

*Role: PI*

Funded **Jacobs, J.M.,** & Fuerniss, K. (2019). She Believes in Belize: The First National Women’s Sports Summit. Citizen Action Fund, US Department of State ($10,000). *Role: Co-PI*

Funded Fuerniss, K., & **Jacobs, J.M.** (2019). Training teachers/coaches in Hellison’s Teaching Personal and Social Responsibility Model. Association for Applied Sport Psychology Seed Grant ($500)

*Role: Faculty Supervisor, Co-PI*

Funded Wahl-Alexander, Z., & **Jacobs, J.M.** (2019) Project FLEX Leaders Program: Taking it to the next level. Northern Illinois Great Journeys ($14,330).

*Role: Co-PI*

Unfunded Wright, P., & **Jacobs, J.M.,** (2019). Project PASS 3.0: A regional initiative to increase positive development, advocacy, and social change through sport. US Department of State, Bureau of Educational and Cultural Affairs SportsUnited Grant ($843,376).

*Role: Co-PI*

Unfunded **Jacobs, J.M.,** & Wahl-Alexander, Z. (2019). Project Flex (Fitness Leadership Experience): The expansion of a sport-based youth development program for incarcerated male youth. Dunham Fund ($124,229)

*Role: Co-PI*

Funded **Jacobs, J.M.** (2018). Alternative Spring BAE: Belizean Academic Experience**.**

Northern Illinois University College of Education Instructional Innovation Grant ($2,500).

*Role: PI*

Funded Henert, S. & **Jacobs, J.M.** Assessing the Impact of a Physical Activity-Based Summer Camp on Psychological and Physical Outcomes for a Diverse Urban Youth Population. NIU College of Education Deans Research Grant. ($2,500)

*Role: Co-PI*

Funded **Jacobs, J.M.** (2018). We Believe in Belize. Northern Illinois University Student Engagement Fund. ($3,272).

*Role: PI*

Funded **Jacobs, J.M.,** & Wahl-Alexander, Z. (2018). Project Flex: Sustaining a sport leadership program for incarcerated male youth. Northern Illinois University Research and Artistry Fund ($10,000)

*Role: Co-PI*

Unfunded Wright, P.M., & **Jacobs, J.M.** (2018). Project PASS 2.0: A regional initiative to increase positive development, advocacy, and social change through sport. US Department of State, Bureau of Educational and Cultural Affairs SportsUnited Grant ($855,845).

*Role: Co-PI*

Funded **Jacobs, J.M.,** & Wahl-Alexander, Z**.** (2018). Project FLEX (Fitness Leadership EXperience): a comprehensive evaluation of a sport education / TPSR program for juvenile inmates. Northern Illinois Great Journeys ($11,267).

*Role: Co-PI*

Funded **Jacobs, J.M.** (2018). Fighting for Better Body Image. DeKalb Township Committee on Youth ($500).

*Role: PI*

Unfunded **Jacobs, J.M.** (2017). Gender Equity in Belizean Sport. Northern Illinois University Research and Artistry Completion Grant. ($10,000)

*Role: PI*

Funded Wright, P.M., & **Jacobs, J.M.** (2017-2018). ENVEST Sri Lanka: Empowering New Voices through Education and Sport Training. US Department of State, Bureau of Educational and Cultural Affairs SportsUnited Grant ($50,000).

*Role: Co-PI*

Unfunded Wright, P. & **Jacobs, J.M.,** (2017). Project PASS: A regional initiative to increase positive development, advocacy, and social change through sport. US Department of State, Bureau of Educational and Cultural Affairs SportsUnited Grant ($600,000).

*Role: Co-PI*

Unfunded Wright, P., Ressler, J. & **Jacobs, J.M.** (2015). “Let’s Play BALL”: Using Sport to Promote Safer and More Productive Communities in Belize. Central American Regional Security Initiative Economic Support Funds Grant, ($372,237).

*Role: Co-investigator*

Funded **Jacobs, J.M.** & Weidner, A. (2015). Midwest Sport and Exercise Psychology Symposium. Association of Applied Sport Psychology (AASP) Conference Grant, ($500).

*Role: PI*

Funded Wright, P. (2013-2016). The Belizean Youth Sport Coalition (BYSC). US Department of State, Bureau of Educational and Cultural Affairs SportsUnited Grant, ($224,956).

*Role: Project Assistant Director / Consultant*

Funded Wright, P., (2012). Youth Fit for Leadership**.** C. Charles Jackson Grant, ($5,000).

*Role: Project Assistant, Consultant*

Funded **MacKenzie, J.** (2012). Project Fit for Leadership. DeKalb Community Grant, ($500).

*Role: PI*

# TEACHING EXPERIENCE

*Undergraduate Courses*

* KNPE 111- Sport in Society (*hybrid; in person*)
* KNPE 310- Psychological Aspects of Sport and Exercise (*hybrid; in person*)
* KNPE 393- Social Aspects of Sport (*hybrid; in person)*
* KNPE 399- Special Topics: Youth Development through Physical Activity
* KNPE 445- Measurement for Evaluation

*Graduate Courses*

* KNPE 582- Psychology of Sport and Exercise
* KNPE 583- Psychology of Coaching (*hybrid; in person*)
* KNPE 586- Sport in Society
* KNPE 587- Professional Development in the Sport Psychology Professions (*hybrid; in person*) *Directed Student Learning, Research, and Mentoring*

|  |  |  |  |
| --- | --- | --- | --- |
| Undergraduate  Research | | Graduate  Research | Master’s Thesis /  Dissertation |
| Directed Research | -- | 25 | -- |
| Independent Study | 15 | 21 | -- |
| Committee Member | -- | -- | 4 |
| Advising | -- | 10 (annually) | -- |

* Undergraduate mentoring
  + Independent study advisor (12 students)
  + Supervision of honors project (2 students)
    - Hope Brinkman: “Motivation for College Students’ Recreational Fitness”
    - Benjamin Lee: “Belizeans Advocating for Equity: Sport for Social Change”
* Graduate mentoring
  + Doctoral advisees
    - Karisa Kuipers (2019-present)
    - Gabrielle Bennett (2021-present)
  + Program advisor – advising and career development (10 students / semester)
  + Directed research supervisor (16 students)
  + Independent advisor – internship/practicum/course (21 students)
  + Thesis/Master’s Project committee member
    - Arissa Rogers, Sociology department: “The score of a lifetime: A study of women amateur league basketball players” – completed, May 2020
    - Karisa Kuipers, Kinesiology and Physical Education Department: “Strategies for fostering positive body image among middle school girls” – completed May 2019
    - Kat Hager, Kinesiology and Physical Education Department: “Using imagery as a tool for amateur athletic trainers” – completed May 2019

|  |  |
| --- | --- |
| **ACHIEVEMENTS AND PROFESSIONAL HONORS** |  |
| **Awards:** |  |
| Most Valuable Professor Award, *NIU Women’s Basketball Team* | 2022 |
| College of Applied Health Sciences Young Alumni Award, *University of Illinois, Champaign* | 2021 |
| Early Career Scholar Award, *Journal of Sport for Development* | 2021 |
| Exceptional Contributions to Diversity and Social Justice Award, *NIU College of Education* | 2020 |
| Outstanding Honors Capstone Mentor Award, *NIU Honors Program* | 2020 |
| Excellence in Outreach / Community Service Award, *NIU College of Education* | 2018 |
| Most Valuable Professor (MVP), *NIU Men’s Basketball Team* | 2017 |
| Certification of Appreciation Service Award, *TPSR Alliance* | 2016 |

|  |  |
| --- | --- |
| Outstanding Teaching Assistant Award, *Northern Illinois University* | 2016 |
| Outstanding Women Scholar Award, *Northern Illinois University* | 2016 |
| Outstanding Graduate Student Recognition, *Northern Illinois University* | 2016 |
| Most Valuable Professor (MVP), *NIU Men's Soccer Team* | 2015 |
| Most Valuable Professor (MVP), *NIU Women’s Volleyball Team* | 2014 |
| Graduate Student Travel Fellowship, *Northern Illinois University* | 2013 |
| Great Journeys Fellowship Award, *Northern Illinois University* | 2013 |
| Collaborative on Early Adolescence Research Fellow, *Northern Illinois University*  **MEDIA COVERAGE** | 2012 |
| Rockford, Illinois WIFR News |  |

* [Former Athlete Uses Injury to Inspire Sport Psychology Career](https://www.wifr.com/2021/08/08/former-athlete-uses-injury-inspire-sports-psychology-career/) (7 Aug. 2021)

Rockford, Illinois WREX News

* [Project Flex Helps NIU Graduate Students Mentor Incarcerated Teens](https://wrex.com/2020/10/25/project-flex-helps-niu-graduate-students-mentor-incarcerated-teens/) (25 Oct. 2020)

NIU College of Education Social Justice Summer Camp Podcast

* Using sport as a tool for working with incarcerated youth (23 Oct. 2020)

Northern Public Radio

* [NIU Collaborates with Juvenile Detention Center](https://www.northernpublicradio.org/post/niu-collaborates-juvenile-detention-center) (26 April, 2019)

CoE Newsletter / NIU Today

* [Stories on Project FLEX](https://cedu.news.niu.edu/tag/project-flex/) (2018 to 2020)
* [Stories on Belizean Youth Sport Coalition / Belize Academic Experience](https://cedu.news.niu.edu/tag/belize/) (2015 to 2020)

# ENGAGED SCHOLARSHIP

Belizeans Advocating for Equity (BAE), *Belize National Sports Council, Belize City, BZ* 2018-present

* Direct international sport for development social change program
* Supervise 6 university students/year to deliver cross-cultural sport education training
* Impacted 75 Belizean sport administrators to date

Project Fitness Leadership EXperience (FLEX), *Illinois Youth Center, St. Charles, IL* 2018-present

* Co-direct sport leadership/college exposure program at juvenile detention center
* Supervise 5 graduate assistants/year through training and program delivery
* Impacted 100+ incarcerated youth to date

Girls Boxing Body Empowerment Club, *Clinton Rosette Middle School, DeKalb, IL* 2018-2020

* Direct sport-based afterschool program promoting gender equity and physical activity
* Supervise 5 university students/year through delivering teaching model
* Impacted 40+ middle school students to date

Camp Play-A-Lot (PAL), *Phillip Rogers Elementary School, Chicago, IL* 2010-2020

* Direct sport-based life skills summer program in community-based setting
* Supervise/evaluate 10 students in counselor role to deliver camp curriculum
* Reached 300+ preschool through 8th grade students to date

# SERVICE

## Internal Service

*Northern Illinois University*

Department Personnel Committee 2021-present

Research to Practice Partnership Task Force (College) 2020-2021

Transdisciplinary Task force (University) 2020-present

Dr. “G” Mentors Program Committee (College) 2020-present

Ph.D. Program Milestones Committee (Department) 2020-present Institutional Review Board Authorized department reviewer (University) 2020-present Academic Equity Committee (College) 2018-present

*Chair of Academic Equity Committee* 2022-present

Belizeans Advocating for Equity “BAE”: Cross-cultural Belize student trip director 2019-2020

Honors Program Student Mentor 2018-2020

Graduate Colloquium Committee Member (University) 2017-2020

Physical Activity and Life Skills Group, Associate Director 2012-present Alternative Spring “BAE”: Cross-cultural Belize student trip director 2018-2019

Kinesiology Program Overhaul Committee (Department) 2019

Search committee member (Department) 2017, 2018, 2019

Kinesiology Graduate Club, Co-Advisor (Department) 2017-2019

Student Faculty Links Mentor (University) 2017-2019

Research Rookies Mentor (University) 2016-2017

## Service to the Community

**Co-Founder/Director:** Project FLEX, Illinois Youth Center 2018-present

**Founder/Director:** Girls Boxing Club, Clinton Rosette Middle School 2018-2020

**Director:** Belizean Academic Experience (NIU Engage Global Experience) 2018-present **Assistant Director:** Teaching Personal and Social Responsibility Alliance 2012-present **Program Director:** Project Leadership Club, Clinton Rosette Middle School 2012-2016

**Conference Co-chair:** Midwest Sport and Exercise Psychology Symposium 2015-2016

## External Reviewer

Journal of Sport for Development 2021-present

International Journal of Sport and Exercise Psychology 2019-present

Journal of Sport and Social Issues 2019-present

Sport, Education, and Society 2019-present

Journal of Youth Development 2018-present

Journal of Teaching in Physical Education 2017-present

Quest 2017-present

Journal of Amateur Sports 2017-present

Leisure/ Loisir 2017-present

Measurement in Physical Education and Exercise Science 2017-present

Strategies 2015-present

Association for Applied Sport Psychology Thesis Committee 2019-present

Association for Applied Sport Psychology Conference Abstracts 2018-2019

American Educational Research Association Conference 2016

## Invited Community Workshops, Presentations, Podcasts

* “Using sport as a tool for social change with incarcerated youth” (August, 2020), *NIU Social Justice Podcast Series,* DeKalb, IL.
* “Camp Counseling for Youth Development.” (June, 2015). Staff trainer, *Camp Power*, DeKalb, IL.
* “Teambuilding and Team-bonding.” (March, 2015). Workshop director, *Hampshire High School: Girls Soccer Team*, Hampshire IL.
* “The Winning Parent Model.” (February, 2015). Invited speaker*, DeKalb School District, Fall Athletic Meeting*, DeKalb, IL.
* “Intentionally Coaching for Leadership.” (February, 2015). Invited speaker, *DeKalb School District, Fall Coaches Meeting*, DeKalb, IL

# PROFESSIONAL DEVELOPMENT

## Professional Organization Memberships:

Teaching Personal and Social Responsibility (TPSR) Alliance 2012-present

Association of Applied Sport Psychology 2007-present

Society for Health and Physical Educators (SHAPE) America 2013-2019

American Public Health Association 2019-present North American Society for the Psychology of Sport and Physical Activity 2020-present

# RELATED PROFESSIONAL EXPERIENCE

## Consulting

*McHenry County Community College,* McHenry, IL, coaching education series 2019

*Chicago Fire,* Chicago, IL: Program evaluation, curriculum development 2016-present *Beyond the Ball*, Chicago, IL: Program development, evaluation, staff training 2013-present *DePaul Prep High School Cross Country Team,* Chicago, IL: Sport psychology consultant 2016

**Founder and Director** 2010-2020

*Camp Play-A-Lot, Chicago, IL*

* Devise camp curriculum in accordance with youth development and social and emotional learning principles for over 100 youth per summer
* Direct hiring, training, and supervision of staff assuring compliance with camp mission, safety regulations, and child-counselor conduct
* Develop and publish marketing materials, manage camp website and registration, and foster community-camp partnerships